



SCHEDULE

Saturday September 20, 2025

Ignite Your Potential

8:00am - 8:30am	Registration/Check In
8:30am - 8:45am	Welcome Remarks Linda Bolton & Brenda Nordin, Kamloops Curling Club
8:45am - 9:30am	Catharine Pendrel, Fail, Learn, Win, Repeat. Clif Pro Team 2 x World Champion and Olympic Bronze Medalist in Cross Country Mountain Biking
9:30am - 10:15am	Dianne Barker,Chief Umpire :Officiating with Fun, Fairness and Humour. : Officiating Around the World and Olympic Experience Daryl Thompson Lifetime Achievement Award winner and Lifetime Member of Kamloops Curling Club
10:15am - 10:30am	Hydration & Nutrition Break Change to on ice
10:30am - 11:15am	On Ice Session Allison MacInnis Fire up your game Two-time BC Junior and Provincial Women's Champion
11:15am - 12:00pm	Team Brown, Team-ship, Travel & Life Balance. 2025 BC Women's Champions : Led by skip Corryn Brown, this Kamloops-based team earned their fourth Scotties appearance and a direct berth to the Olympic Trials after winning the 2025 BC Women's Curling Championship.
12:00pm - 12:45pm	Lunch Break & Social Time
12:45pm - 1:30pm	Eva Davies,Sport Nutritionist Fueled from Within. She has expanded her passion into the field of sports nutrition coaching, recognizing that peak performance isn't just built on the ice or in the gym—it's also fueled from within.
1:30pm - 2:30pm	Rachel Homan Key-Note Speaker. Skip – Team Homan / Curling Canada Five-time Scotties champion, three-time World Champion, and Olympic competitor in both team and mixed doubles curling; holds a record 17 Grand Slam titles.
2:30pm- 3:15pm	Hydration, Nutrition Break & Photo Opportunity with Rachel Homan Change to on ice : Photo Opp Rachel Homan
3:15pm - 4:00pm	On Ice Session: Shot Making and Sweeping Rachel Homan, Skip – Team Homan / Curling Canada
4pm - 4:45pm	Kim Dennis, The Power of Women in Curling. Executive Director, Squash BC

**schedule subject to change*

