

High Performance Coach Development Program

The Coach Development program is in collaboration with the Education and Youth Development Manager (EDM), Paul Cseke.

Program Objectives

- Bridging the gap between novice (club) coaches and high-performance (competition) coaches by creating **mentorship opportunities, training workshops, and resources** that enhance coaching skills and knowledge.
 - Continued professional development (PD) through regular education opportunities, helping coaches earn PD points and maintain certifications.
 - Increasing women and gender-diverse coach participation by providing tailored support and mentorship, while fostering an inclusive, performance-driven environment.
 - Assist in pairing coaches with athletes to strengthen their relationships and promote athlete development at the highest levels.
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Program Fee:

- \$50 Membership Fee
 - Potential Additional Fee to Attend Training Camps & Seminars (TBD - communicated prior to by HP Coordinators).
 - \$10 Fee per Webinar & Community Building Session for Non-Members.
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Application Requirements

- Trained in:
 - NCCP Make Ethical Decisions
 - CCES Safe Sport
 - Competition Coach in Training (with intention to complete the certification process by March 2026).
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Target Audience

The High performance Coach Development Program is intended to capture coaches of all experience levels from novice to elite. This includes, but is not limited to:

- Curl BC BC Games Zone Coaches
 - Curl BC Mentor Coaches
 - Team Coaches
 - Club Youth Program Organizers & Coaches
 - New Coaches
 - Athletes looking to transition into Coaching
 - Parent Coaches
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Program Benefits & Opportunities

- Participation in Coach Development Camps (3-4) throughout the 2025-26 season.
 - “Member Rate” for the Rockslide Coaches Camp (July 7-10, 2025)
 - In-season camp dates to be determined.
 - Registration required (limited capacity for each camp).
 - Priority given based on proximity to the camp location.
 - Camps will be offered at various locations across the province to ensure broader access.
 - Participation in monthly Community Building & Development sessions and Curl BC webinars.
 - Training in U-15 RockFest, Hit Draw Tap, and Singles App protocols.
 - Access to a Coaching Mentor through Curl BC to enhance personal coaching skills, leadership, and athlete development.
 - Foster a community of practice for coaching career advancement through increased knowledge, skills, and network.
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Program Deliverables - See Appendix A

Long-Term Coach Development - See Appendix B

Appendix A

Program Deliverables

| Objective | Action Plan | Integration of EDM |
|--|--|---|
| Novice to High Performance Coach Pathway | | |
| | <ul style="list-style-type: none"> Support in identifying and informing potential coaches about the Coach Development program. Lead monthly educational seminars to review and discuss current Curling Canada standards. Provide access to CurlBC HP resources. | <ul style="list-style-type: none"> Assist in identifying and recruiting prospective high performance coaches. Point of contact for linking identified coaches to the HP team. Promotion and outreach for the HP Coach Development Program. |
| Professional Development Opportunities | | |
| | <ul style="list-style-type: none"> Access to CurlBC & Curling Canada webinars to earn PD points. Facilitate coaches camps (3–4). | <ul style="list-style-type: none"> Record and register PD points in the NCCP Locker. |
| Women in Coaching | | |
| | <ul style="list-style-type: none"> Provide coaching opportunities for graduating student-athletes within the varsity system. Use knowledge and experience gained during the WAGE project to support women in coaching. | <ul style="list-style-type: none"> Apply for women and gender diverse related grants. |
| Coach-Athlete Pairing | | |
| | <ul style="list-style-type: none"> Maintain a detailed record of registered coaches. Create and maintain a list of new and current HP athletes who are seeking a skilled and knowledgeable coach. | <ul style="list-style-type: none"> Maintain a detailed record of registered coaches. Create and maintain a list of emerging competitive athletes seeking a skilled and knowledgeable coach. |

Appendix B

Long-Term Coach Development

| Stage of Development | | | | |
|--------------------------|---|--|---|---|
| Stage | Novice | Intermediate | Advanced | Elite |
| Coaching Experience | <p>Little to no coaching experience</p> <p>Club Level, U15, Developing U18</p> | <p>Some experience, Competent coaching at a Recreational level</p> <p>Elite U18, Developing U21</p> | <p>Moderate experience, Competent coaching at a Provincial level</p> <p>Elite U21, University/College, Developing Men & Women</p> | <p>Extensive experience Competent coaching at a National level</p> <p>Elite Men & Women</p> |
| Technical Skills | <p>Learning basic technical skills.</p> | <p>Understands technical skills, able to identify and correct major flaws</p> | <p>Strong technical understanding, able to identify and correct minor flaws.</p> | <p>Advanced technical understanding, Able to fine-tune minor details.</p> |
| Periodization & Planning | <p>Unfamiliar with periodization, requires assistance planning effective practices.</p> | <p>Learning periodization, can plan reasonable practices. Limited knowledge of Curling Tour.</p> | <p>Competent understanding of periodization, practice planning, the Curling Tour Ranking System.</p> | <p>Mastery of periodization, practice planning, and Curling Tour Ranking System.</p> |
| Strategy & Tactics | <p>Knows basic strategy and tactics. Requires guidance time outs and debriefs.</p> | <p>Good understanding of basic tactics, able to ask relevant questions in discussions. Learning how to conduct time outs and debriefs.</p> | <p>Good tactical knowledge, able to explain shot selection, and confidently conduct time outs and debriefs.</p> | <p>Advanced tactical expertise, effectively leads time outs and debriefs.</p> |
| Team Systems | <p>Learning team systems.</p> | <p>Basic understanding, relies on external resources for feedback.</p> | <p>Solid understanding, able to provide effective feedback with some external support.</p> | <p>Advanced understanding, providing detailed feedback across all areas of the game.</p> |