

## APPENDIX A

### Curl BC Illness Policy for 2020-21 Season

In this policy “Team Member” includes an employee, contractor, volunteer, visitor, coach, umpire, participant or parent/spectator. These measures will be used for all Curl BC business including but not limited to regional and provincial events, camps, courses, clinics, business of curling seminars, and meetings.

#### 1. Assessment

- a. Team members must complete the daily health assessment before they enter any facility conducting Curl BC business.
  - b. Inform an individual in a position of authority (Curl BC Staff, Curl BC Contractor or Official) IMMEDIATELY if, you feel any symptoms of Covid-19.
    - i. Symptoms include fever, chills, cough, shortness of breath, sore throat, painful swallowing, stuffy or runny nose, loss of sense of smell, headache, muscle aches, fatigue, loss of appetite, nausea or diarrhea.
    - ii. See BCCDC website for a full list of symptoms: <http://www.bccdc.ca/health-info/diseases-conditions/covid-19/about-covid-19/symptoms>
  - c. If Team Members are unsure please have then use the BC Covid-19 self-assessment tool: <https://bc.thrive.health/covid19/en>
  - d. Individuals in a position of authority may visually monitor Team Members to assess any early warning signs as to the status of their health and to touch base on how they are regarding their personal safety throughout the workday/practice/activity.
    - i. A Team Member will be REMOVED from the field of play and host facility if a person in authority notices they are continuously displaying symptoms of Covid-19.
- #### 2. If a Team Member is feeling sick with Covid-19 Symptoms
- a. If before a Curl BC event:
    - i. They should remain at home and contact Health Link BC at 8-1-1
    - ii. No Team Member may participate in any Curl BC activity if they are displaying Covid-19 symptoms before or during a Curl BC event.
    - iii. The Team Member will NOT be allowed to enter the host facility.
  - b. If they feel sick and/or are showing symptoms while within the Curl BC Office, sport environment, or host facility:
    - i. A person in authority may remove them immediately. The Team Member will be sent home and/or to their current accommodations.
    - ii. The Team Member will be asked to self-isolate and monitor their symptoms for a 24 hour period.
  - c. The Team Member will re-assess their symptoms after the 24-hour period.

- i. If symptoms have subsided after the 24-hour period they will be allowed to continue to participate in the event.
    - ii. If any symptoms continue they will be removed for another 24-hour period for self-monitoring.
    - iii. If the symptoms worsen over the 24-hour period the Team Member is required to call 8-1-1 and follow the guidance of health officials.
  - d. If the Team Member is a coach and/or a player the entire team will have to monitor for any signs of symptoms.
    - i. If any additional Team Member displays any symptoms they will be asked to self-isolate and monitor their symptoms for a 24 hour period and follow the steps in 2ci-iii.
    - ii. In the event the coach of a youth team must self-isolate for a 24-hour period:
      - 1. The team will be allowed to use their Substitute coach (if pre-registered with Curl BC).
      - 2. The team will be allowed to activate their team chaperone, if a substitute coach is not available.
      - 3. If the team does not have a substitute coach or chaperone available Curl BC will assign a designated chaperone or volunteer to manage the team.
    - e. In the event more than 2 players of a team have to self-isolate for a 24 hour period all games during that time will be forfeit.
- 3. If a Team Member tests positive for Covid-19
  - a. The Team Member will follow the direction of health officials.
    - i. If before a Curl BC event, the individual will notify Curl BC immediately in order to:
      - 1. Secure a replacement for the position of the employee, contactor, volunteer, coach, player, or umpire.
    - ii. If during a Curl BC event the Team Member will NOT be allowed to participate for the remainder of the event.
  - b. Curl BC will follow the direction of the health officials.
    - i. If more than 2 teams have Team Members test positive for Covid-19 during a Curl BC event the remainder of the event will be cancelled immediately.
- 4. Team Members will Quarantine or Self-Isolate if:
  - a. You have travelled outside of Canada within the last 14 days.
  - b. You have come into close contact with someone who has tested positive for Covid-19.
  - c. You have been advised to do so by health officials.