

# Return to Curling

*A GUIDE FOR BC CURLING CENTRES*



*Version 7 - Dec. 1, 2020*

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# About Curl BC

Curl BC is the provincial sport governing body responsible for the development, promotion and organization of curling in British Columbia, including the championship system that declares provincial representation at national events. In cooperation with its membership of some 85 clubs and 23,500 individual curlers, Curl BC provides a variety of resources to recreational and competitive curlers, including a variety of adaptive curling groups.

## Message from our Chair and CEO

In these uncharted waters caused by Covid-19 we can accomplish a lot by working together and helping each other out. It has never been more important to be true to our core value of family; that we are a community that acts like a family; connected and passionate about the sport of curling.

And that is what is happening now. From Vancouver Island to the Kootenays, from Prince Rupert to the Peace and everywhere in between, we are seeing people connecting and sharing ideas to return us to the game.

In preparation to create these guidelines we talked to curlers from all regions of the province and spoke with volunteers, managers, ice makers and board members to get a better sense of the direction that was needed. We also made sure to seek guidance from the Province of British Columbia, our Provincial Health Officer Dr Bonnie Henry, viaSport and the various bodies that oversee public health and safety.

We are proud of the work that everyone has put into this document and we know that you will find it a useful guide.

Curl BC will continue to provide opportunities across the province to collaborate through resource and best practice sharing, and by supporting the connection of its curlers.

Regards,

Teri Palynchuk, Curl BC Chair & Scott Braley, Curl BC CEO



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Curling Canada's Return to Curling Guidelines are available at: <https://www.curling.ca/blog/2020/07/06/return-to-play-guidelines/>

# Summary and Timeline

## Step 1 - Homework



Survey your members



Financial forecasting to help plan

- Take your budget forecast with 75% income, 50% income, 25% income and related reduced expenses
- Determine if opening is financially viable



Create illness policy (template available)



Create waivers to acknowledge risk (templates available)



Create a risk registry with Covid implications (eg. second wave)



Plan for enhanced cleaning



Start Your Return to Curling Plan

## Step 2 - Your club's plan



Review and incorporate all applicable measures from this guide to assemble your local plan for return to play.

- Include your pre-work above
- Outline staff/volunteer expectations (see guideline)
- Outline participant expectations (see guideline)
- Include communication plan
- Include league modification plans
  - See Return to Curling phases chart for approved activities based on viaSport phases

## Step 3

Curling Club board approves plan

- Post at your club's facility and online. All employers should also post their Covid-19 Safety Plan compliant with WorksSafeBC.

## Step 4 - Implementation



Install physical measures to stop spread (barriers/physical distancing signage/hand sanitizing stations, etc)



Implement administrative controls (policies, online registration, etc)

## Step 5

Phased approach to Return to Curling

# BC's Restart Plan

On May 6, 2020, the Government of British Columbia announced BC's Restart Plan: Next Steps to Move Through the Pandemic (the "Restart Plan"). The Ministry of Tourism, Arts and Culture asked viaSport, a non-profit society that acts as an agent for the Ministry to enable the growth, governance, and stewardship of amateur sport in BC, to develop Return to Sport Guidelines (the "viaSport Guidelines") to support and guide the provincial amateur sport sector in BC to return to organized sport activities and participation. In turn, viaSport has tasked Curl BC to develop its sport-specific return to sport guide to help our curling clubs navigate the new challenges of Covid-19.

The Return to Curling Guidelines (the "Curling Guidelines") cover three things:

## #1 *Processes to open*

## #2 *Measures to avoid further outbreaks*

## #3 *A plan in the event a case or outbreak should occur*

Following the process laid out by viaSport, the Curling Guidelines have been reviewed and approved by Curl BC's elected Board of Governors. Member Clubs of Curl BC are required to build their own Return to Curling Plans based on these Curling Guidelines.

We recommend, as a best practice, to incorporate a safety plan within your Return to Curling Plan that addresses all public health and locally identified Covid-19 risk issues whether a separate WorkSafeBC\* safety plan is required or not.

Insurance companies may also require that curling clubs have implemented provincial guidelines before defending a Covid-19 claim filed against any Curl BC member club.

At Curl BC, we recognize that one size does not fit all, and we have endeavoured to create a guide that will accommodate the wide range of curling clubs and operations in BC. The Curling Guidelines provide a framework for each of our member clubs to work within to develop their individual return to curling plan while operating within current provincial health restrictions, other public health and safety regulations, and Curl BC's guidelines.

The Curling Guidelines include:

- information, tools, and strategies about process and procedures in club operations that aim to limit transmission of Covid-19 in your facilities;
  - a common approach for curling clubs and programming through the Return to Curling Phases 1 through 4.
- Resuming sport activities may not be a linear process, and increasing or decreasing activities may be necessary as a response to the fluctuating numbers of Covid-19 cases in the province. Curl BC and its members will need to be flexible to accommodate and respond to changes in community transmission and updated advice from the Provincial Health Officer.

Curl BC would like to thank the volunteers that undertook important work as part of our working groups. These groups helped us refine our guidelines and build resources for all clubs across BC.

**A SPECIAL NOTE: It is important that all organizations and individuals understand that when you choose to participate in physical activities outside the home during the pandemic – including curling – you may be at an increased risk of being exposed to and contracting Covid-19. This is an inherent risk of participating in activities in your community where you may interact with other individuals. Curl BC considers curling to be a MEDIUM risk sport for the contraction of Covid-19 due to the colder climate and poorer ventilation of our indoor curling environments. Participants should carefully assess their personal health circumstances before engaging in curling activities.**

\*Curling clubs that are registered with WorkSafeBC as employers in the province must also follow WorkSafeBC Occupational Health and Safety (OHS) Regulation and, specifically, during this pandemic, that covered under section 3.3 of the OHSR and in the Guidelines related to it.

# Risk Management

In a non-profit society, risk management is an ongoing process where the board of directors identifies, assesses, and manages the risks inherent in the work of the society and in the activities and programs the society offers. In the context of our curling clubs, identification and management of risk may include, and not be limited to:

- Liability for Injuries and/or Damages
- Insurance coverage(s), including changes in liability coverage and conditions
- Financial Viability and Sustainability
- Membership Growth and Development
- Staff and/or Board Succession

Risk management is one of the responsibilities of a board of directors. While a board of directors may delegate the day to day management of risk to staff or other volunteers, it remains the legal duty of a board of directors to provide the oversight of an organization's risk management plan and strategies.

We have included a risk registry template to help clubs identify and assess the various types and levels of risk in your respective operations. The risk registry can be completed in 5 steps:

1. Risk identification
2. Risk assessment
3. Response strategy
4. Risk response planning
5. Monitoring actions

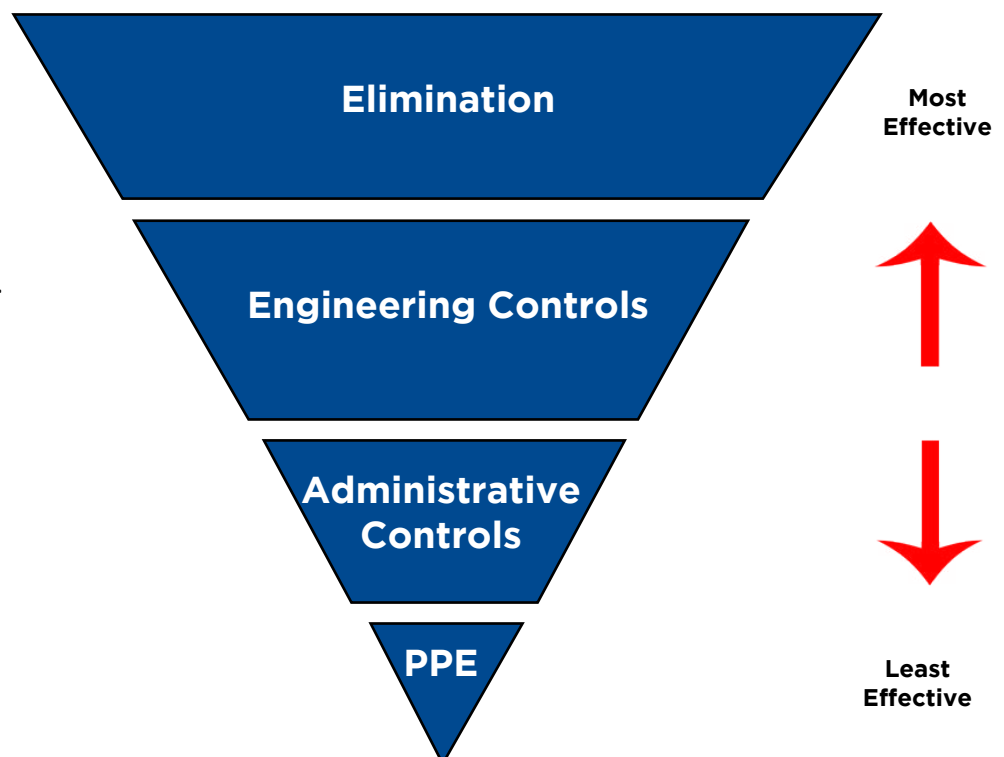
The viaSport Guidelines stipulate that any return to play plan must be based on "a risk assessment and analysis that considers the risks presented by the type of sport activities and the place where the sport activities occur, who is involved and their risk profile, and what measures can be implemented".

## Heirarchy of Controls for Covid-19

The Hierarchy of Controls for Covid-19 is a framework for reducing transmission hazards.

The most effective controls are at the top of the diagram.

We recommend using this control model to guide your decisions in reducing risk in your Covid-19 Safety Plans and/or Return to Curling Plans.





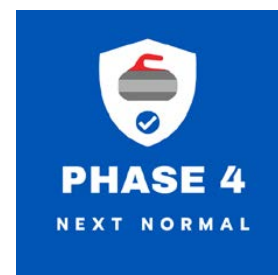
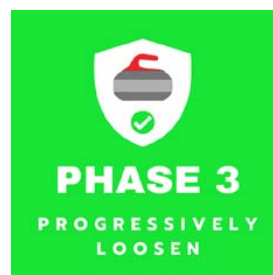
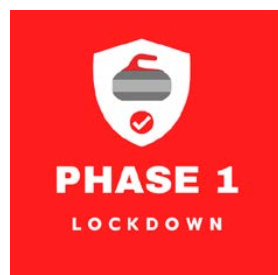
# Principles of Curling Guidelines

BC'S Restart Plan outlines 5 principles to apply to every situation. These are integrated into the guidelines and considerations in this document.

## Five principles for every situation

Personal Hygiene	Stay home if you are sick	Environmental Hygiene	Safe social interactions	Physical Modifications
<ul style="list-style-type: none"><li>• Frequent hand washing</li><li>• Cough into your sleeve</li><li>• Wear a non-medical mask</li><li>• No hand-shakes</li></ul>	<ul style="list-style-type: none"><li>• Routine daily screening</li><li>• Anyone with any symptoms must stay away from others</li><li>• Returning travellers must self isolate</li></ul>	<ul style="list-style-type: none"><li>• More frequent cleaning</li><li>• Enhanced surface sanitation</li><li>• Touchless technology</li></ul>	<ul style="list-style-type: none"><li>• Meet with small numbers of people</li><li>• Maintain distance between you and people</li><li>• Size of room: the bigger the better</li><li>• Outdoor over indoor</li></ul>	<ul style="list-style-type: none"><li>• Spacing within rooms or in transit</li><li>• Room design</li><li>• Plexiglass barriers</li><li>• Movement of people within spaces</li></ul>

## Return to Curling Phases



The four identified return to curling phases have been created to align with the guidance from the viaSport Guidelines and public health restrictions. The duration and dates of each phase will be determined by provincial health, government authorities, and Curl BC. This may not be a linear or consistent process around our province, and increasing restrictions locally may be required in response to fluctuating numbers of Covid-19 cases in the province.

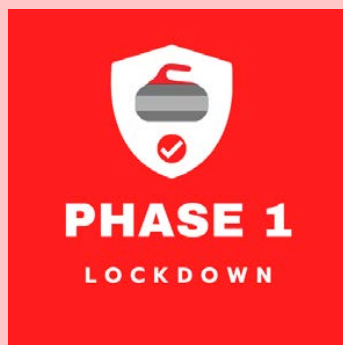
Any movement between phases will be decided through collaboration with viaSport BC and the PHO and announced by Curl BC.

**Do not move from one phase to another without ensuring that you have the latest information, and are following the direction announced by Curl BC.**

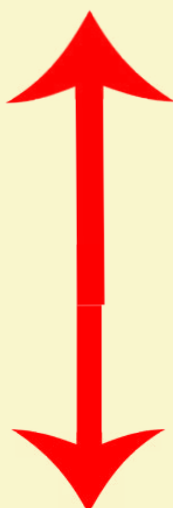
[CLICK HERE TO FIND OUT CURRENT PHASE](#)

Please see the Phases chart on next page. More details about the programming in each phase available in Appendix B.

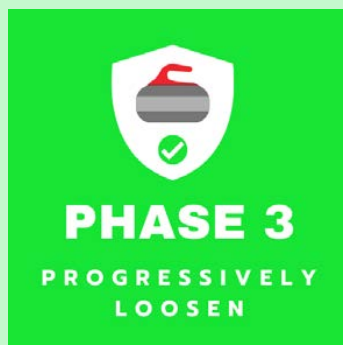
# Phases



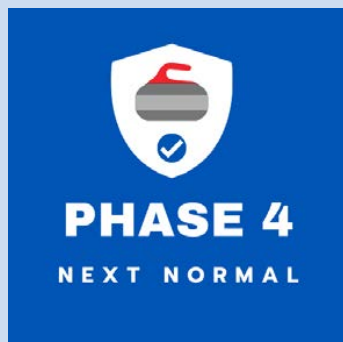
- Curling clubs/centres closed
- No events/activities allowed
- No non-essential travel
- Virtual Activities OK
- Individual off-ice or outdoor training



- Clubs/centres slowly open.
- 2m physical distancing.
- Events limited to 50 patrons but ice sheds can operate at full capacity if all are curling.
- Local community\* participation only.
- Modified play with on-ice distancing markers for 3&4 person league play
  - Non-contact skill development activities
  - 1 sweeper at a time
  - 2, 3 and 4 person modified games
  - No spectators



- 2m physical distancing.
- Events limited to 50 patrons but ice sheds can operate at full capacity if all are curling.
- Modified play with on-ice distancing markers for 3&4 person league play.
- No bonspiels within first month of opening



- Continued alignment with government guidance
- National and/or International Travel
- Large Spectator Group sizes allowed
- Large Scale Events may return
- 4 person games

# Club Operations

## Overview



All activities in our curling clubs in BC must operate within current provincial health restrictions in order to limit the transmission of Covid-19 in our communities. If you are an employer, whether you own your building, lease your building from the local governing authority in your area, or are considered a 'user group' operating in a local recreational facility, your club's specific Return to Curling Plans MUST include or reference a WorkSafeBC Covid-19 Safety<sup>1</sup> Plan and clear policies to ensure:

**#1**

***No one with symptoms comes to work, volunteer, or to curl, and staff are able to be off sick or work at home and self-isolate for a minimum of ten (10) days;***

**#2**

***Staff (paid or volunteer) have fewer workplace contacts (shorter times, fewer people) through such measures as staggered shifts, smaller teams, occupancy limits, virtual meetings, continuing to work from home; and***

**#3**

***Increased frequency of cleaning 'high touch' areas of your facility and equipment, availability of hand sanitizer and encouraging good hygiene and proper sneezing/coughing 'etiquette'.***

Further, your club's Return to Curling Plan must:

**#1**

***meet the criteria set out in this document;***

**#2**

***be approved by your board of directors and/or municipality;***

**#3**

***be posted electronically, conspicuously on the club's website and/or throughout highly visible areas of the club; and***

**#4**

***align with or include WorkSafeBC requirements as applicable.***



# Club Operations

In addition to specific return to curling requirements prompted by the pandemic, Covid-19 related risk assessment, and the general public health rules and directives for the curling public, club operations must also address the health and safety risk issues for staff and volunteers as outlined in the viaSport Guidelines. The following sections outline measures to be considered and/or taken for staff and participants alike.

## Measures related to staffing



1. Educate staff on public health information and expectations related to the implementation of the Curling Guidelines and your specific Return to Curling Plan.<sup>2</sup>
2. Develop and implement an Illness Policy that outlines procedures for staffing that may be experiencing symptoms to stay home and away from the club until they are healthy again
3. Conduct routine daily symptom screening for all staffing through the use of Covid-19 self assessment tool found on the BC Centre for Disease Control website <https://bc.thrive.health/covid19/en>
4. Implement enhanced hygiene protocols:
  - a. Frequent and proper handwashing.
  - b. Ensure adequate and accessible hand-washing facilities or sanitizer.
  - c. Policies stating when staffing need to wash hands:
    - i. Upon arrival at work, before/after breaks, after touching common equipment or frequent touch points in the club.
  - d. Reminders to avoid touching eyes, nose, and mouth, and to use proper cough and sneeze etiquette
5. Implement measures for staffing to maintain physical distancing while at the club.
  - a. Consider adding barriers such as a washable, rigid, impermeable shield (e.g. plexiglass) at registrations or check-in desks similar to those now seen in grocery stores.
  - b. Consider staggered shifts and breaks.
  - c. Manage use of and interactions in shared spaces such as the club office(s), pro shop, kitchens and ensure physical distance can be maintained in these spaces.
  - d. Limit in-person meetings, training and staffing engagements and meet virtually when possible.
  - e. Communicate where possible through email, text and/or phone.
6. Ensure Personal Protective Equipment such as gloves, masks, and face shields (the “PPE”) is on hand and available to staff. PPE must be required when the risk of exposure is high (cannot maintain distancing or when you may be in a room with others for a prolonged period of time).
  - a. Train staff on how to properly use and dispose of PPE.
  - b. For information on how to wear a mask **click here for a printable guide.**
7. Minimize the use of shared equipment
  - a. Identify ‘high-touch objects’ as part of your assessment.
  - b. Remove all non-essential items.
8. Consider switching from cash and cheques to online registration. This could lead to fewer interactions with and fewer ‘touch points’.
9. Ensure management and the club’s board of directors understand the Right to Refuse unsafe work conditions and environment and the procedures in place to respond to such concerns.
10. Assign a Safety Representative to ensure the implementation of safety protocols during any curling and/or operational activities within the club/centre.

<sup>2</sup> For further information on safety within the workplace refer to WorkSafe BC:  
<https://www.worksafebc.com/en/about-us/covid-19-updates/covid-19-returning-safe-operation>

# Club Operations

## Measures related to participants



1. Have a ZERO tolerance policy<sup>3</sup> for 'playing while sick'. Ensure that participants do not participate if they are symptomatic.
2. Conduct daily health screenings for all participants by having them do a self-assessment/health declaration prior to any curling activity.
  - a. Signage should be posted saying they should not be in the building if:
    - i. They don't feel well or are displaying symptoms of Covid-19.
    - ii. They have been instructed to self isolate by the health authority due to travel, because they have tested positive for Covid-19 or are awaiting test results, or because of close contact with a sick person.
  - b. Implement a sign in/sign out contact information sheet.
    - i. Determine who will be responsible for collecting this data and how it will be collected.
  - c. Consider having participants download the BC COVID-19 App which includes the self-assessment tool.
3. Implement enhanced hand hygiene practices and cough and sneezing protocols.
4. Require each participant to sign a waiver (or an assumption of risk, if a minor) at the beginning of the season and/or program.
5. Masks are required for all common areas as per **PHO orders**. Curl BC also strongly recommends clubs mandate them for on-ice play. **See Appendix I.**
6. Communication to Participants
  - a. Create a communication mailing list for all programs and/or leagues in your club in case you need to contact participant and/or members regarding an outbreak.
  - b. See Curl BC's Documents and Forms for Covid-19 Resources Page for a sample letter for your club and a template communication strategy.
  - c. Clearly outline that participants are subject to removal from activities/facility use should they fail to comply with outlined protocols.
7. Registration
  - a. Pre-register all individuals online or over the phone.
    - i. Available online registration platforms include: Curling Club Manager, Curling Manager, Curling I/O, Wufoo, other membership database systems.
  - b. Limit the use of cash and the handling of credit cards and loyalty cards wherever possible;
    - i. Allow customers to scan or tap their cards and handle the card readers themselves.
    - ii. Follow cleaning protocols after each use.
  - c. Remind individuals to consider their own risk - "If you are at higher risk of experiencing serious illness from Covid-19, consider limiting or avoiding participation in the sport activities for the time being."
8. When delivering programming, organizations will need to consider the following:





- a. Who their participants are. Additional considerations may be required for:
  - i. High Risk and/or vulnerable populations, such as older adults, those with underlying medical conditions and/or compromised immune systems and individuals that experience barriers such as communication, transportation and access to healthcare.
- 9. Consider dedicated time slots for these groups:
  - a. Youth Groups
    - i. Little Rockers (U6-U9)
    - ii. Juniors (U10-U21)
- 10. Consider the number of participants at any given time.
  - a. How many can participate in the activity while maintaining the protocols in place?
    - i. Includes on site Staff, Coaches, Participants, Spectators, Volunteers, Officials
- 11. Do not introduce drop-in curling until Phase 4. All activities should be scheduled.
- 12. Consider the expectations of participants.
  - a. Communicate what is expected of people and how it will be enforced.
  - b. Ensure information is easily accessible by participants.
  - c. If applicable, translate signage and communication into multiple languages and/or various formats for those with visual/hearing impairments.

Refer to “Return to Curling Phases” (Page 7 and Appendix B) for the types of activities that can be considered as we transition through the various return phases. Even though there are a number of activities within a range it is recommended to move ahead slowly, and systematically restart activities in a way that allows your organization and local health authorities to monitor, evaluate, and adjust as needed.



# Club Operations

## Cleaning Protocols



1. Identify high touch areas and objects throughout your club.
  - a. Increase the frequency of cleaning and disinfection of high-touch surfaces and high traffic areas.
2. Place hand sanitizer/disinfectant stands at:
  - a. Entrances.
  - b. Washrooms.
  - c. Ice shed entrances.
  - d. Rental broom/public curling equipment.
  - e. Other identified high traffic areas.
3. Wearing disposable gloves when cleaning and disinfecting surfaces.
4. Follow Health Canada Guidelines<sup>4</sup> on what products are approved for cleaning and disinfecting.
5. Ensure garbage bins are available for responsibly disposing of hygienic materials such as tissues and any PPE that is used in the course of activities.
6. Implement cleaning protocols for all curling equipment, including, but not limited to:
  - a. Stone handles.
  - b. Club equipment.
  - c. Measuring devices.
  - d. Scoreboards.

## Measures Related to Lobby and Common Areas



1. Post a copy of your approved Return to Curling Plan in a high visibility area of your lobby or another common space. For curling facilities that are registered with WorkSafeBC, be sure your Return to Curling Plan includes or references all required elements of a Covid-19 Safety Plan required under WorkSafeBC's OHSR Section 3.3 and related guidelines.
2. Establish and post occupancy limits for the facility (patrons and staff) to accommodate physical distancing of two metres between individuals. The Covid-19 Safety Plan template contains guidance about calculating an occupancy limit.<sup>5</sup>
3. Determine where people will enter and exit the facility.
  - a. Consider an outdoor waiting area for participants.
  - b. Consider designated entryways/exitways .
  - c. Consider how people will flow in and out of the facility.
    - i. Designate entry/exit times for participants/user groups.
    - ii. Use physical distancing floor markers and/or wall signage to indicate the flow of movement throughout the space.
    - iii. Limit access to participants, coaches, staff during scheduled programming.
    - iv. Consider what access spectators may/may not have. (See Phases Chart on page 7).
4. Install automatic door openers to reduce transmission points.
5. Require people wear masks in these areas.

<sup>4</sup> Health Canada List of Disinfectants: <https://www.canada.ca/en/health-canada/services/drugs-health-products/disinfectants/covid-19/list.html>

<sup>5</sup> Calculating Occupancy Limit: <https://www.worksafebc.com/en/about-us/covid-19-updates/covid-19-returning-safe-operation/sports-recreation>

# Club Operations

## Measures Related to Change Rooms/Locker Rooms



1. Close your change/locker rooms if you cannot adequately monitor the number of people in the room and adequate physical distancing measures in the room.
2. Consider a no locker policy at the start of the 2020-2021 that may be revised as PHO restrictions are further relaxed or consider designating times when certain lockers can be accessed prior to and after games
3. Consider a 2020-2021 policy where all curlers must come dressed to curl (curling shoes being the exception).
4. Consider a 2020-2021 policy limiting accessories – no broom bags, extra brooms, etc., to keep spaces as open as possible.

## Measures Related to Club Equipment



1. Create a cleaning/sanitizing plan and procedure for Club Equipment after each use. Equipment includes:
  - a. Rental brooms
  - b. Delivery aids
  - c. Step-on sliders
  - d. Grippers
2. Create a sign-out system for club equipment
3. Consider removing club equipment from use by curlers.

## Measures Related to Washrooms and Water Fountains



1. Ensure that soap and paper towels are always available in your washrooms
  - a. Consider installing automatic soap dispensers in your washrooms
  - b. Remove shared bottles of hand cream/moisturizer and other complimentary personal care items.
2. Create physical distancing procedures for washroom use.
  - a. Limit the number of individuals (create an occupancy limit).
3. Close all water fountains except those used for filling water bottles.
4. Use signage to discourage individuals from touching surfaces of fountains and consider placing hand sanitizer adjacent to support hygiene and reduce transmission risk.

## Measures Related to Playing Surface



1. Eliminate all unnecessary touchpoints.
2. Use physical distancing ice markers to ensure people remain 2m apart.
3. Communicate clear procedures for draw start times and finish times. Staggering start times will eliminate crowding in lobby and common areas. Signage is recommended.
4. Determine and install sanitation stations.
5. Place tissues next to sanitation stations and a garbage bin and ask people to follow these steps: a) remove gloves, b) use tissue, c) throw tissue away, d) sanitize hands, and e) put gloves back on.
6. Consider doing online scoring, using paper scoresheets, or only have one skip update the scoreboard and then sanitize before or after every game.



# Club Operations

## Measures Related to Playing Surface continued



7. It is not recommended to clean rock bottoms with sanitizer as this could damage the rock surface. Some curlers will want to wipe the bottom of their rock with their hand but this also carries risk because the virus may be able to stay viable on the ice.

Therefore options to consider include:

- a. Recommend that participants don't clean the bottom of their rocks. As soon as someone cleans the bottom of their rock and touches the handle, the handle isn't clean anymore.
  - b. If participants choose to clean their rocks some options to use would include:
    - i. Their bare hand so that they can sanitize after they've thrown. A glove can't be sanitized, and would then spread to the broom etc.
    - ii. Their broom pad as long as the broom pad is free of debris.
8. Require people wear masks in these areas.
9. Curl BC working groups are creating additional resources for clubs. These resources will be uploaded to our website. <sup>6</sup>

## Measures Related to Spares



1. It is important to keep groups consistent in order to limit potential exposure. For spares, consider one of these four options:
- a. No spares are allowed
  - b. Only registered members of the club may spare in regular league games.
  - c. Only registered members of the league may spare for other teams within the same league.
  - d. Outside spares may be allowed as long as they complete the club's waiver and declaration.
    - i. Must adhere to all safety protocols and procedures of the visiting club.

# Food and Beverage Services

Curling Club lounges can reopen but it is important that safety measures outlined by the Provincial Health Officer are in place.<sup>7</sup>

1. Determine the maximum number of patrons and bar staff/volunteers that the lounge can accommodate with physical distancing measures in place.
2. Use physical devices, floor markers, or other guides to ensure that patrons maintain physical distancing in the lounge.
3. Set out tables and chairs so that there are no more than 6 seats at a table and seats are two metres from seats at another table. If teams want to sit together while socially distant, we recommend considering having a few tables where chairs at the same table are also set 2m apart.
4. Have your lounge staff/volunteers wear masks while on shift to be able to serve drinks to patrons at their tables. Consider gloves as well.
5. Liquor primary license holders will need to provide table service and patrons will not be allowed to approach the bar. They must remain seated except to use washrooms or leave the premises. Liquor primary club license holders (private club license) will be allowed to have people ordering from the bar (physically distant) and people who are standing can be served.
6. Consider a pre-game order and post-game pick up system to eliminate the line up at the counter(s).
7. Consider applying for an extension/amendment to your liquor license to expand your licensed area to include areas not usually considered your Lounge so that all of the curlers coming off the ice can stay to socialize.
8. You must monitor your premises and remind patrons to maintain a distance of two metres from one another.
9. Consider limiting patrons in the lounge to curlers waiting to start their games, or coming to the lounge after their games.
10. If allowing non-curlers in the lounge, consider collecting the full name and contact information of any non-curler in your Lounge if there is a need for contact tracing by local medical health officers.<sup>8</sup>
11. Dance floors must be closed with physical barriers or occupied with tables.
12. Patrons must not sing, engage in Karaoke or dance on the premises.
13. Background music or sounds (including sports on TV) must be no louder than normal conversations.
14. 10 p.m. cut-off for liquor sales. This cut-off also applies to private events.
15. Liquor can no longer be consumed onsite by owners, operators or staff past 11 p.m.
16. An establishment must close by 11 p.m. unless full meal service is being provided. Premises offering full meal service are allowed to stay open past 11 p.m., but liquor is not allowed to be served until 9 a.m. the next day.
17. If food- or liquor-serving premises hold private events, such as wedding receptions, they must follow the same rules as hotels and other venues.

***If these orders are not followed, operators and organizers will be fined \$2,000, while patrons could be fined \$200.***



<sup>7</sup> PHO Order Food Service Establishments and Liquor Services: <https://www2.gov.bc.ca/assets/gov/health/about-bc-s-health-care-system/office-of-the-provincial-health-officer/covid-19/covid-19-pho-order-nightclubs-food-drink.pdf>

<sup>8</sup> Guidance provided to Restaurants, Cafes, and pubs: <https://www.worksafebc.com/en/about-us/covid-19-updates/covid-19-returning-safe-operation/restaurant-cafes-pubs>

# Emergency Response

## Measures Related to First Aid



In the event that first aid is required to be administered during an activity, all persons attending to the injured individual must first put on a mask and gloves. Ensure that these are at hand.

First aid protocols for an unresponsive person during Covid-19: <https://www.redcross.ca/training-and-certification/first-aid-tips-and-resources/first-aid-tips/first-aid-protocols-for-an-unresponsive-person-during-covid-19>

## Measures Related to Cases and Exposures

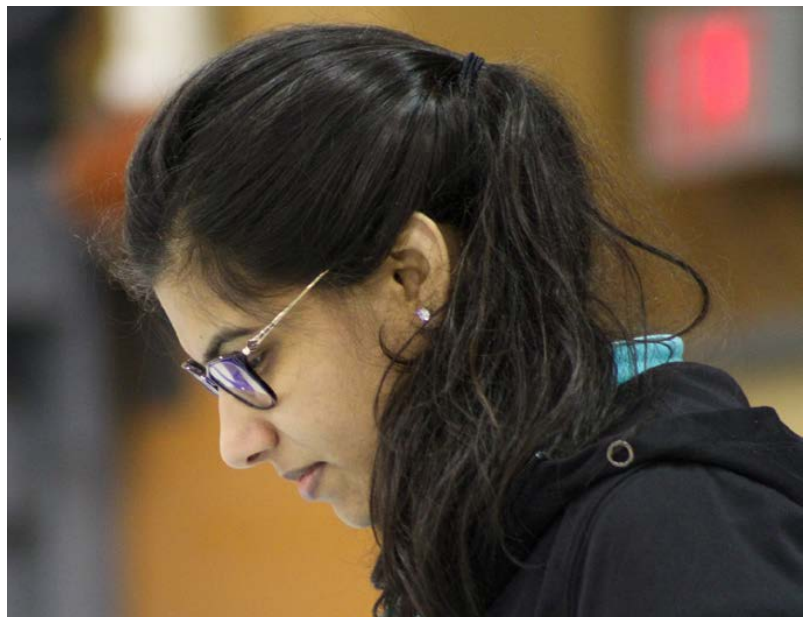


A case is a single case of Covid-19. When a positive Covid-19 case is known to have been on your premises, that is an “exposure”. Transmission is when that case leads to another case. Generally speaking, stick to the word “exposure” when communicating about an incident unless otherwise directed by the local health authority.

1. Identify the roles and responsibilities of staff or volunteers if a case is reported.
2. Ensure a procedure is in place if staff (including volunteers) or a participant reports they are suspected or confirmed to have Covid-19 and have been at the curling club. This should include cleaning processes, notification processes (in line with privacy laws) and media relations. If your club/association is not the facility operator, notify the facility right away.

***NOTE: The benchmark period of time that transmission is thought to typically occur over is a minimum of 15 minutes. So if someone has been in your facility for longer than 15 minutes who is then confirmed as being positive, especially if they were not wearing a mask, this will require more action. Many variables will guide your response to the case, should it occur. Your local health authority is the best group to guide you. However, if you are unable to reach them, please feel free to reach out to Curl BC for guidance.***

4. If there is a confirmed case of Covid-19, contact tracing will be done by the health authority but you may be asked to assist with information.<sup>10</sup>
5. If your organization is contacted by a medical health officer in the course of contact tracing, cooperate with them.



<sup>9</sup>BC Centre for Disease Control [http://www.bccdc.ca/resource-gallery/Documents/Guidelines%20and%20Forms/Guidelines%20and%20Manuals/Epid/CD%20Manual/Chapter%201%20-%20CDC/2019-nCoV-Interim\\_Guidelines.pdf](http://www.bccdc.ca/resource-gallery/Documents/Guidelines%20and%20Forms/Guidelines%20and%20Manuals/Epid/CD%20Manual/Chapter%201%20-%20CDC/2019-nCoV-Interim_Guidelines.pdf)

<sup>10</sup>Regional Health Authorities: <https://www2.gov.bc.ca/gov/content/health/about-bc-s-health-care-system/partners/health-authorities/regional-health-authorities>



# Insurance and Waivers

- **Click here for sample waivers.**
- **Click here for updated insurance information.**

On June 10, 2020, the Province issued a ministerial order that protects non-profit sport organizations like our curling clubs from liability for damages to an individual who has been infected or exposed to Covid-19 in any of our member clubs if the club was “organizing, administering, facilitating, or providing” curling in accordance with “all applicable emergency and public health guidance”.<sup>11</sup>

Wawanesa Insurance, which provides Curl BC members with commercial general liability through the National Curling Centre Insurance program, has confirmed that the liability policy coverage has no pandemic exclusion. The insurer will respond to allegations of negligence related to the pandemic, if filed against a covered curling club, subject to the terms and conditions of the policy wording. However, if your club’s commercial liability insurance coverage is with a different insurer, please contact your local broker for additional information and advice on your specific liability policy.

A waiver is a legal document, which if drafted properly, will alert the signer to the risks of injury in participating in any curling activity. If properly drafted, it also provides the curling club with a good defense in any claims that may be brought against the curling club for any losses or damage arising out of one or more injuries to one or more individuals. Waivers, or in the case of minor curlers or curlers who may not be legally competent, assumption of risk documents are important pieces in a club’s risk mitigation plan.

On our website <sup>12</sup> we have included a sample waivers for our clubs to consider. If implementing a waiver, all curlers must sign one before stepping onto the ice. We have also created a health declaration for people to sign to indicate they are not symptomatic. The latter is not a legal document but it shows that your club has taken steps to mitigate risk.



<sup>11</sup> Order of the Minister of Public Safety and Solicitor General: [http://www.bclaws.ca/civix/document/id/mo/mo/2020\\_m183](http://www.bclaws.ca/civix/document/id/mo/mo/2020_m183)

<sup>12</sup> Visit <https://www.curlbc.ca/resources/documents-forms-covid-19/>

# Communication

## Communication Plan



1. Create your communication plan to stay in touch with your staff, board, volunteers, and members.
    - a. Have a plan for communicating to your members during each phase of return to curling.
      - i. Example: Going from Phase 2 Transition Measures to Phase 3 Progressively Loosen.
  2. Utilize technology to bring staff, board, volunteers, and members together.
  3. Consider hosting a webinar on your club's return to curling plan once it has been approved by your board of directors. Allows you to discuss the plan with your members, answer questions, and make any adjustments as necessary.
  4. Provide updates to your membership.
    - a. What is being worked on for return to curling?
    - b. What measures will be implemented?
- Communication should include: Policies & Protocols
- Illness policy
  - Screening
  - Waivers
  - Zero tolerance (signs of symptoms/expected behavior)
5. Consider posting a visual walk-through of your facility (photos and/or video) on your website and on your social media channel(s).
    - a. Physical distancing
    - b. Traffic flow
    - c. Engineered controls
- Gives your members a clear picture of what to expect walking back into the club for curling.

## Survey



Take the time to survey your members. A sample template is available on the Curl BC website under Covid-19 Resources.<sup>13</sup>

The survey answers will provide you with baseline information to make informed planning for the upcoming season. Any insights will help you with planning for your league options and facility operations.

- Allows you to connect with your members and letting them know that you are thinking about their needs during this time and beyond.
- Builds your rapport with your members.

## Signage



Curling Specific signage is being designed for all clubs to access and use. Templates will be available for:

- Staying home while unwell
- Handwashing
- Floor decals
- Safety measures at club





1. Consider shifting sponsorship space digitally.
  - a. Adjust sponsorship to be included in your clubs newsletter, on your website, etc.
  - b. How else can you promote a sponsor if participation is limited this season?
  - c. How can you use social media to fulfill sponsorship agreements and maintain your partnership moving forward?
2. Continue to encourage new participants to play curling.
  - a. Shift your marketing to encourage the activities your club can most likely deliver.
    - i. Example: Skill development - Four weeks of curling lessons
    - ii. Market to smaller windows of 2-4 week spans to allow for adjustments due to transitions between phases.
3. Media Toolkit

In the event of an outbreak at your facility, there will be media interest. Please read this guide to how to handle that produced by Curling Canada: <https://www.curlbc.ca/wp-content/uploads/2020/03/Media-Toolkit-English.pdf>



# Disclaimer

The Curling Guidelines are intended to be used for the purposes set forth in this document. While Curl BC aims to provide relevant and timely information to our member clubs, information known about the COVID-19 virus and recommended measures to reduce and protect against the risk of infection changes rapidly and Curl BC cannot guarantee the accuracy or completeness of any information or recommendations provided in the Curling Guidelines.

Curl BC will endeavour to update our members as we learn about new information related to the COVID-19 virus and how we may need to adjust and change our practice and procedures in our clubs and with our curling programs.

This document is not a substitute for actual legislation, or orders of the PHO. If there is any ambiguity or conflict between the Curling Guidelines and public health legislation, orders, and regulations, the legislation, orders and regulations will prevail over the Curling Guidelines.

Links in this document to third party web sites are provided solely for further reference and as additional resources. Curl BC does not endorse the information contained in the linked web sites and does not guarantee its accuracy, timeliness, or fitness for a particular purpose. The information in the links may be updated from time to time by their respective owners, and Curl BC does not monitor these links or linked sites and is not responsible for any updates. You should check relevant websites for updated information or contact Curl BC to help review your return to play plan to ensure that your plan is as up to date as possible.

The Curling Guidelines is not intended to be a legal document, or to serve as legal advice. Our member clubs use the Curling Guidelines at their own risk, and if necessary, after receiving independent legal advice about the contents and recommendations found in the Curling Guidelines. Curl BC shall not be responsible for any loss or damage of any kind resulting directly or indirectly from the implementation of the Curling Guidelines by our member clubs, including without limitation, reliance on the completeness or accuracy of the information found in the Curling Guidelines.



# Return to Curling Checklist

Survey Membership re: return to curling plans \_\_\_\_\_

Financial forecasting to help plan \_\_\_\_\_

Create illness policy (template available) \_\_\_\_\_

Create waivers to acknowledge risk (templates available) \_\_\_\_\_

Complete a Risk Registry with Covid-19 considerations \_\_\_\_\_

Review your insurance to ensure you have adequate protection \_\_\_\_\_

Create a shutdown process \_\_\_\_\_

Create your club's individual Return to Curling Plan with the following: \_\_\_\_\_

Incorporate your pre-work above

Outline participant expectations

Include communication plan

Include league modification plans

Outline staff expectations as applicable

Get board approval of your Plan \_\_\_\_\_

Install physical measures to stop spread (barriers/physical distancing signage/sanitizing stations) \_\_\_\_\_

Implement administrative controls (create policies, establish procedures like online registration) \_\_\_\_\_

Consider doing a virtual walk-through of the changes for members \_\_\_\_\_

Send regular updates to your members about plans for reopening \_\_\_\_\_

Phased return to curling \_\_\_\_\_

Submit copy of board-approved Return to Curling Plan to Curl BC \_\_\_\_\_

# APPENDIX A: References

## PROVINCE OF BRITISH COLUMBIA

**B.C.'s Restart Plan:** <https://www2.gov.bc.ca/gov/content/safety/emergency-preparedness-response-recovery/covid-19-provincial-support/bc-restart-plan>

**B.C.'s Response to COVID-19:** <https://www2.gov.bc.ca/gov/content/safety/emergency-preparedness-response-recovery/covid-19-provincial-support>

**PHO Orders:** <https://www2.gov.bc.ca/gov/content/health/about-bc-s-health-care-system/office-of-the-provincial-health-officer/current-health-topics/covid-19-novel-coronavirus>

## HEALTH RESOURCES

### Regional Health Authorities

Fraser Health: <https://www.fraserhealth.ca/>

Interior Health: <https://www.interiorhealth.ca/Pages/default.aspx>

Island Health: <https://www.islandhealth.ca/>

Northern Health: <https://www.northernhealth.ca/>

Vancouver Coastal Health: <http://www.vch.ca/>

**BC COVID-19 Self-Assessment Tool:** <https://bc.thrive.health/covid19/en>

**BC Centre for Disease Control:** <http://covid-19.bccdc.ca/>

**Health Canada:** <https://www.canada.ca/en/public-health/services/diseases/coronavirus-disease-covid-19.html>

**Health Canada List of Disinfectants for use against COVID-19:** <https://www.canada.ca/en/health-canada/services/drugs-health-products/disinfectants/covid-19/list.html>

## WORKSAFE BC RESOURCES

### Returning To Safe Operations

**Sports and Recreation:** <https://www.worksafebc.com/en/about-us/covid-19-updates/covid-19-returning-safe-operation/sports-recreation>

Restaurants, Cafes, and Pubs: <https://www.worksafebc.com/en/about-us/covid-19-updates/covid-19-returning-safe-operation/restaurant-cafes-pubs>

**COVID-19 Safety Plan Template:** <https://www.worksafebc.com/en/resources/health-safety/checklist/covid-19-safety-plan?lang=en>

**Occupancy Limit:** <https://www.worksafebc.com/en/resources/health-safety/posters/help-prevent-spread-covid-19-occupancy-limit?lang=en>

## SPORT AND RECREATION RESOURCES

**viaSport Guideline:** <https://www.viasport.ca/sites/default/files/ReturntoSportGuidelines.pdf>

**Return to High Performance Sport Framework:** <https://www.viasport.ca/sites/default/files/Canada%20-%20COVID-19%20Return%20to%20HP%20Sport%20Framework%20-%20May%202020.pdf>

**BCRPA Sector Guidelines for Restarting Operations:** <https://www.bcrpa.bc.ca/covidguideline>

**BCCDC guidance for recreation facilities:** <http://www.bccdc.ca/health-info/diseases-conditions/covid-19/community-settings/recreation-facilities>



# APPENDIX B: Return to Curling Phases

## Phase 1 Lockdown

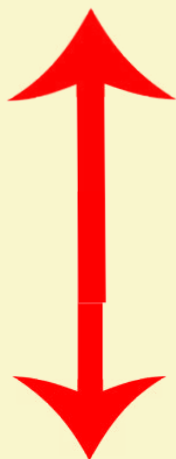


- Curling Clubs/Centres Closed
- No Events/Activities Allowed
- No non-essential Travel
- Virtual Activities OK
- Individual off-ice or outdoor training
- Masks should be worn everywhere

1. Curling clubs and centres close
2. Initiate shut down procedures for the following scenarios:
  - a. Temporary closure (2 weeks- 1 month)
  - b. Suspended closure (1 month- 3 months)
  - c. Long Term Closure (3 month- 1 year)
3. Follow WorkSafeBC procedures
4. Follow Technical Safety procedures
5. Secure any Financial Funding
  - a. Government grants
  - b. Government financial relief programs
  - c. Limited membership drive
  - d. Sponsorship agreements
6. Initiate Crisis Communication Protocols
  - a. Update your members and participants on any decisions and actions of the club.
  - b. Utilize technology for staff, board, volunteer, meetings or annual general meetings.
7. Support your staff and volunteers during this time.
8. No in person activities or events allowed
9. Virtual Activities are OK
10. Members and participants may engage in individual training activities off-ice or outdoors.



# Phase 2 Transition Measures



- 2m physical distancing.
- Events limited to 50 people but all ice sheds can operate at full capacity if all are curling.
- Local community\* participation only.
- Masks should be worn everywhere.
- Modified play with on-ice distancing markers for 3&4 person league play
  - Non-contact skill development activities
  - 1 sweeper
  - 2, 3 and 4 person modified games
  - No spectators

1. Curling clubs and centres slowly open.
  - a. Ensure 2m physical distancing measures are in place.
  - b. Ensure your policies, protocols, and procedures are in place and can be maintained.
  - c. Encourage local participation only. \*Local participation is defined as people who would normally be curling at your club.
  - d. Phase in modified play activities.
2. Modified/phased-in activities.
  - a. Non-contact training to start.
  - b. Scheduled small group practices (1-6 people per sheet).
    - i. Scheduled individual, family or team practices.

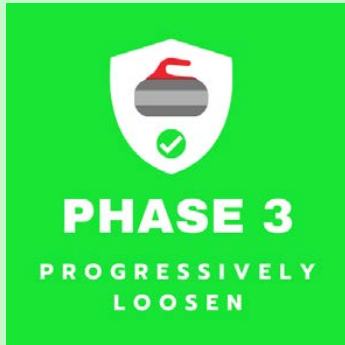
## CHECKPOINT

- a. Ensure all measures to minimize the transmission of Covid-19 are working before starting leagues or offering programming.
  - b. Ensure all members and participants understand the policies, protocols, and procedures.
3. Introduce scheduled doubles games
    - a. 2 players per team on the ice
    - b. Consider phasing in sweeping

## CHECKPOINT

- a. If all measures continue to work continue to add other leagues and/or programming.
4. Phase in three or four person curling
    - a. Maintain 2m physical distancing - even between teammates and those within a bubble while curling. **See Appendix G for a quick visual overview of the rules. Appendix H (Return to Competition Pages 37-38) includes a breakdown of the details of the modified rules which we are recommending for league play as well.**
    - b. 1 sweeper only between the T-lines.
    - c. 1 teammate per shot to remain inactive on distancing marker in four person curling.
  5. Phase in other Curling Programming
    - a. Lessons with physical distancing coaching groups 1-4 people per sheet
    - b. Doubles Learn to Curl
    - c. Hit-Draw-Tap Competition
    - d. Youth Programming
  6. No spectators

# Phase 3 Progressively Loosen



- 2m physical distancing.
- Events limited to 50 people but all ice sheds can operate at full capacity if all are curling.
- Modified play with on-ice distancing markers for 3&4 person league play.
- Masks should be worn everywhere.
- No bonspiels within first month of opening.

1. Activities available in Phase 2 can happen in Phase 3.
2. Maintain 2m physical distancing - even between teammates and those within a bubble while curling. **See Appendix G for a quick visual overview of the rules. Appendix H (Return to Competition Pages 37-38) includes a breakdown of the details of the modified rules which we are recommending for league play as well.**
3. Game modifications
  - a. Continue to schedule all on-ice activities.
  - b. Continue to phase in programming.
  - c. Continue to offer two person and three person curling activities in order to keep group sizes down.
  - d. Phase in four-person curling.
    - i. On ice markers are required for 3&4 person league game play.
  - e. Use blocks to form “mini- groups” within larger leagues. This will provide further measures to limit the risk of transmission within a league.
    - i. Minimizing the number of teams “switching” between blocks.
    - ii. Scheduling box changes at the Christmas break
4. \*ViaSport introduced Cohorts for sport in Phase 3. A cohort as defined by viaSport is a group of participants who primarily interact with each other within the sport environment over an extended period of time (e.g. series of events).

This does not affect curling because:

- a. A club must install distancing markers in the ice (Appendix F) and ensure individuals are physically distant.
- b. Due to the modifications to remove contact between all individuals in the field of play clubs are able to run our leagues as “normal” and not limited to the cohort sizes within viaSport’s cohort guidelines.
- c. Cohorts make more sense used by sports that cannot eliminate contact such as soccer to allow for some competitive play.
- d. Because of all of the above, clubs should not attempt to use the cohort model for any curling activities.

## CHECKPOINT

- a. Evaluate policies, protocols, and procedures and make any adjustments.
  - b. Clearly communicate transitions of activities to your members and participants.
5. Spectators should be limited and individuals must comply with Provincial Health Officer recommendations.
    - a. Based on your capacity/and or club policy with physical distancing measures.
    - b. Spectators subject to screening protocols and procedures.
  6. Programming Resources can be found on our website: <https://www.curlbc.ca/resources/documents-forms-covid-19/>
  7. Events: Curl BC is recommending that clubs do not host bonspiels within the first month of opening. See Appendix H for the full list of event guidelines.

# Phase 4 Next Normal



- Continued alignment with government guidance
- National and/or international travel
- Large spectator group sizes allowed
- Large scale events may return
- 4 person games

1. Return to traditional curling activities (with no or limited restrictions)
  - a. Bonspiels
  - b. Curling socials
  - c. Full competitions
    - i. Regional
    - ii. Provincial
    - iii. National
    - iv. International
  - d. Four person curling with two sweepers.
2. National and international travel resumes.
3. Spectators and large groups are allowed.
4. Continue enhanced cleaning protocols.
5. Continue using adapted policies, procedures, and protocols.
6. Continue using waivers.

# APPENDIX C: viaSport Activity Chart

This chart outlines the types of activities that can be considered as we transition through the various return stages.

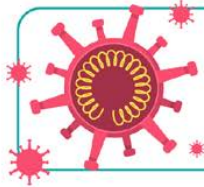
	<b>Strictest Controls</b> Prior to May 19, 2020	<b>Transition Measures</b> Approx. May 19th to Sept	<b>Progressively Loosen</b> Future date TBC	<b>New Normal</b> Future date TBC
Restrictions in Place	<ul style="list-style-type: none"> <li>Maintain Physical Distance (2m)</li> <li>No non-essential travel</li> </ul>	<ul style="list-style-type: none"> <li>Maintain Physical Distance (2m)</li> <li>No non-essential travel</li> <li>No group gatherings over 50 people</li> </ul>	Refer to PHO and local health authorities	Refer to PHO and local health authorities
Enhanced Protocols	Increased hand hygiene	<ul style="list-style-type: none"> <li>Increased hand hygiene</li> <li>Symptom Screening in place</li> </ul>	Increased hand hygiene	Increased hand hygiene
Facility	<ul style="list-style-type: none"> <li>Outdoor or within home</li> <li>Facilities and playgrounds closed</li> </ul>	<ul style="list-style-type: none"> <li>Outdoor is safest</li> <li>Indoor facilities slowly re-opening</li> </ul>	Outdoor/Indoor	Outdoor/Indoor
Participants	Individual activities	<ul style="list-style-type: none"> <li>Small Groups</li> <li>No or limited spectators</li> </ul>	<ul style="list-style-type: none"> <li>Groups sizes may increase</li> <li>Limited spectators</li> </ul>	<ul style="list-style-type: none"> <li>Large groups allowed</li> <li>No restrictions on spectators</li> </ul>
Non-contact Activities	<ul style="list-style-type: none"> <li>Low risk outdoor activities can occur (biking, running, etc).</li> <li>Virtual activities</li> </ul>	<ul style="list-style-type: none"> <li>Fundamental movement skills</li> <li>Modified training activities, drills</li> </ul>	Expansion of training activities	No restrictions on activity type
Contact Activities	Should not occur	<ul style="list-style-type: none"> <li>Should not occur</li> <li>Contact sports should look for non-contact alternatives to training</li> </ul>	Introduction to pair or small group contact skills	No restrictions on activity type
Competition*	Should not occur	In club play or modified games may slowly be introduced	Interclub or regional game play may be considered	Provincial competitions and larger scale events may return
Equipment	No shared equipment	<ul style="list-style-type: none"> <li>Minimal shared equipment</li> <li>Disinfect any shared equipment before, during and after use</li> </ul>	<ul style="list-style-type: none"> <li>Some shared equipment</li> <li>Enhanced cleaning protocols in place</li> </ul>	Shared equipment

\*Introduction of competitive activities should be in alignment with Sport Specific guidelines

# APPENDIX D: Covid-19 Visual Primer

## CORONAVIRUS

Covid-19 or 2019-nCov



### WHAT IS IT? Q

COVID-19 is a new virus and so health officials are still learning about its impact and severity. At this time, it appears to cause an illness similar to the flu with the most common signs of infection being fever, cough and shortness of breath. In severe cases patients can develop pneumonia, severe respiratory distress, kidney failure and death.



### PREVENTION



Stay at home when you are sick



Avoid touching eyes, nose, & mouth with unwashed hands



Avoid close contact with people who are sick



Clean & disinfect frequently touched objects and surfaces



Wash your hands at least 20 seconds



Use a hand sanitizer that contains at least 60% alcohol



Cover your cough or sneeze with a tissue



Avoid crowded places and all unnecessary travel



### SYMPTOMS



Common



Less typical

Hemoptysis



Dry Cough



Phlegm Buildup



Shortness of breath



Fever



Headache



Fatigue



Diarrhea



Aching muscles



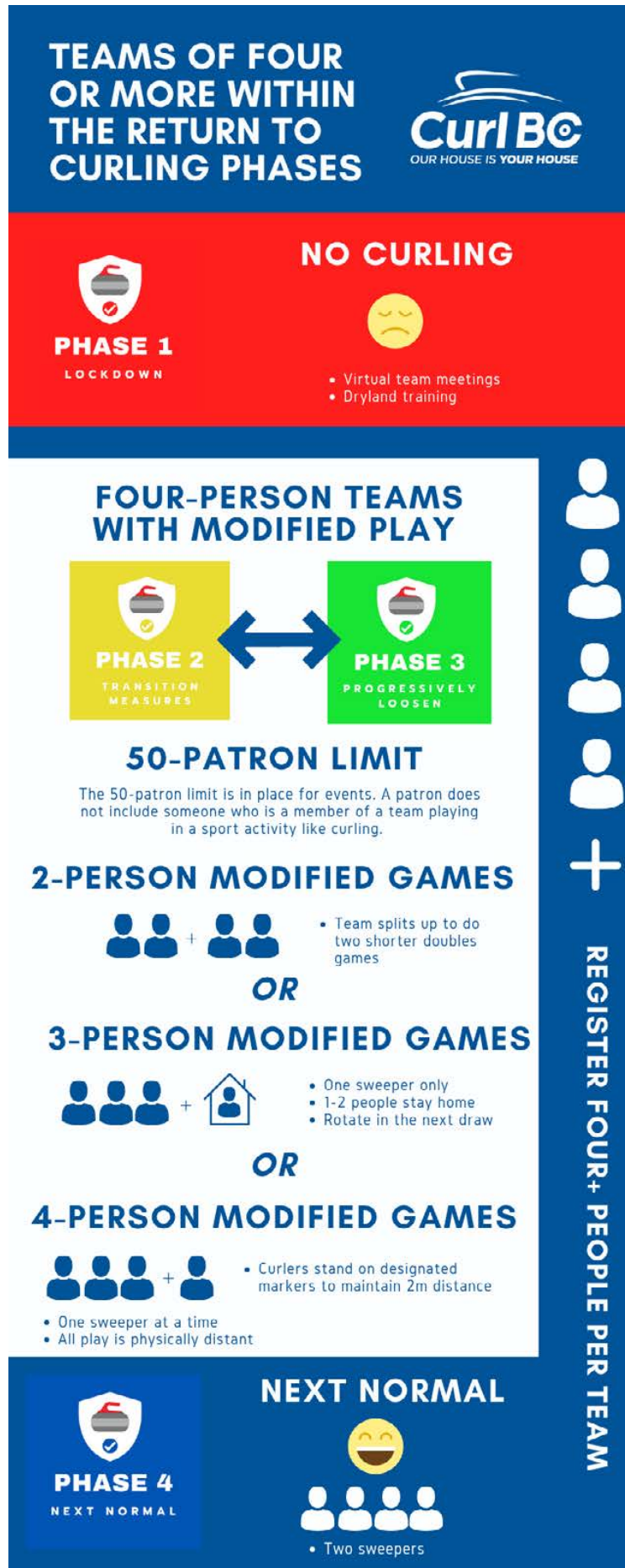
2-14 DAYS

### INCUBATION

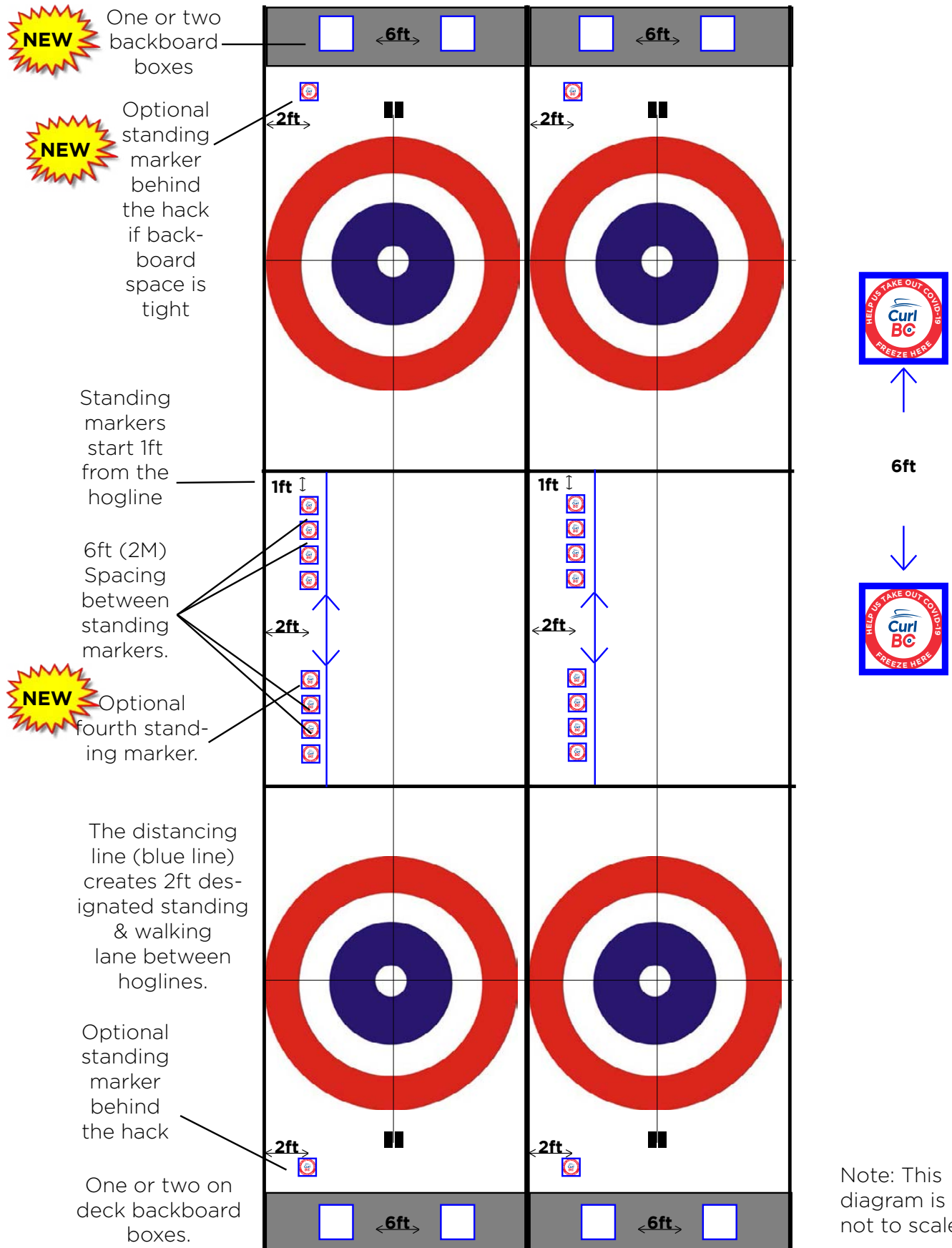
Because the early symptoms of COVID-19 are similar to other respiratory illnesses, if you have any of the common symptoms (fever, cough and shortness of breath) you should contact your doctor's office and arrange to have a consultation.



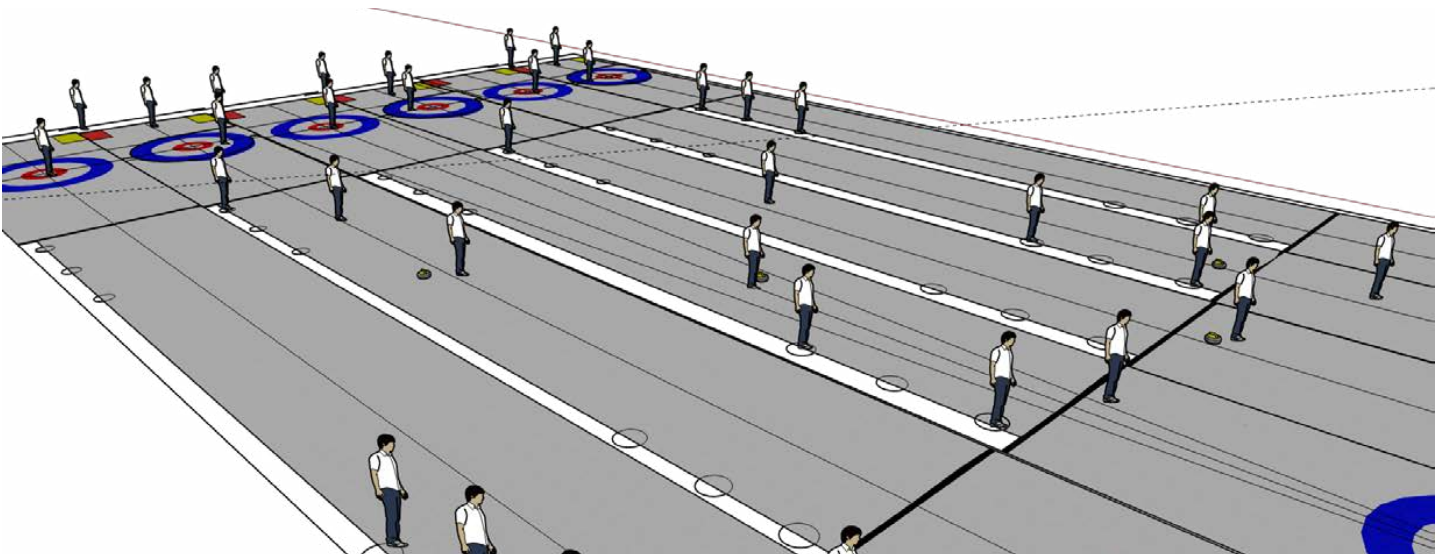
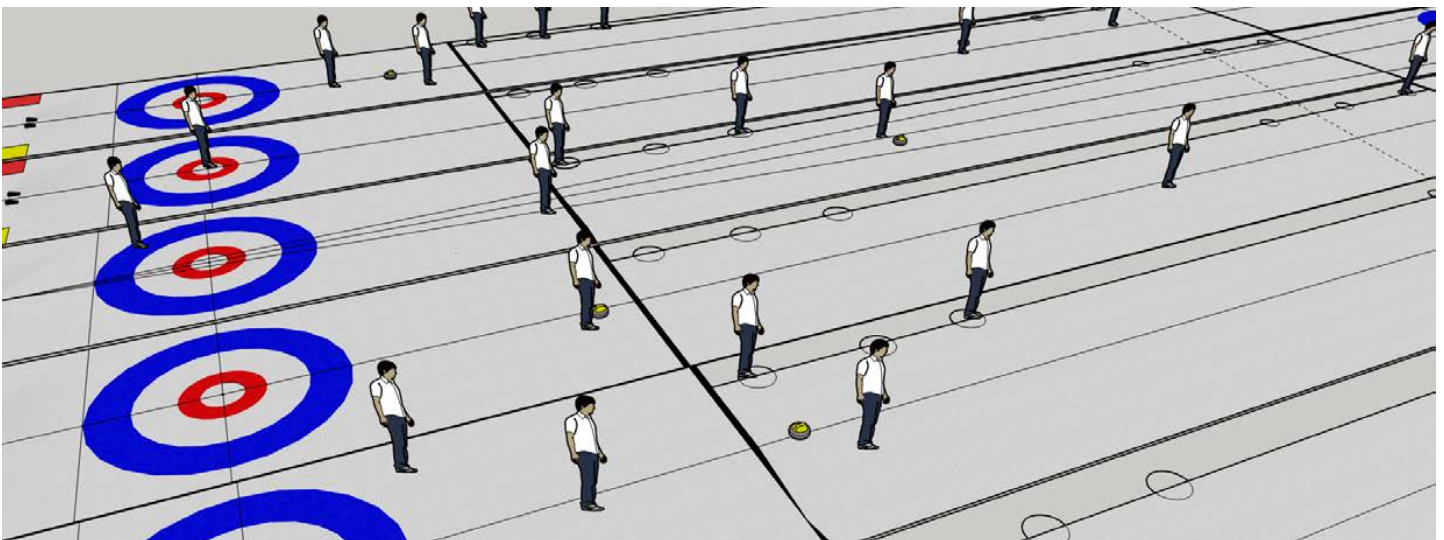
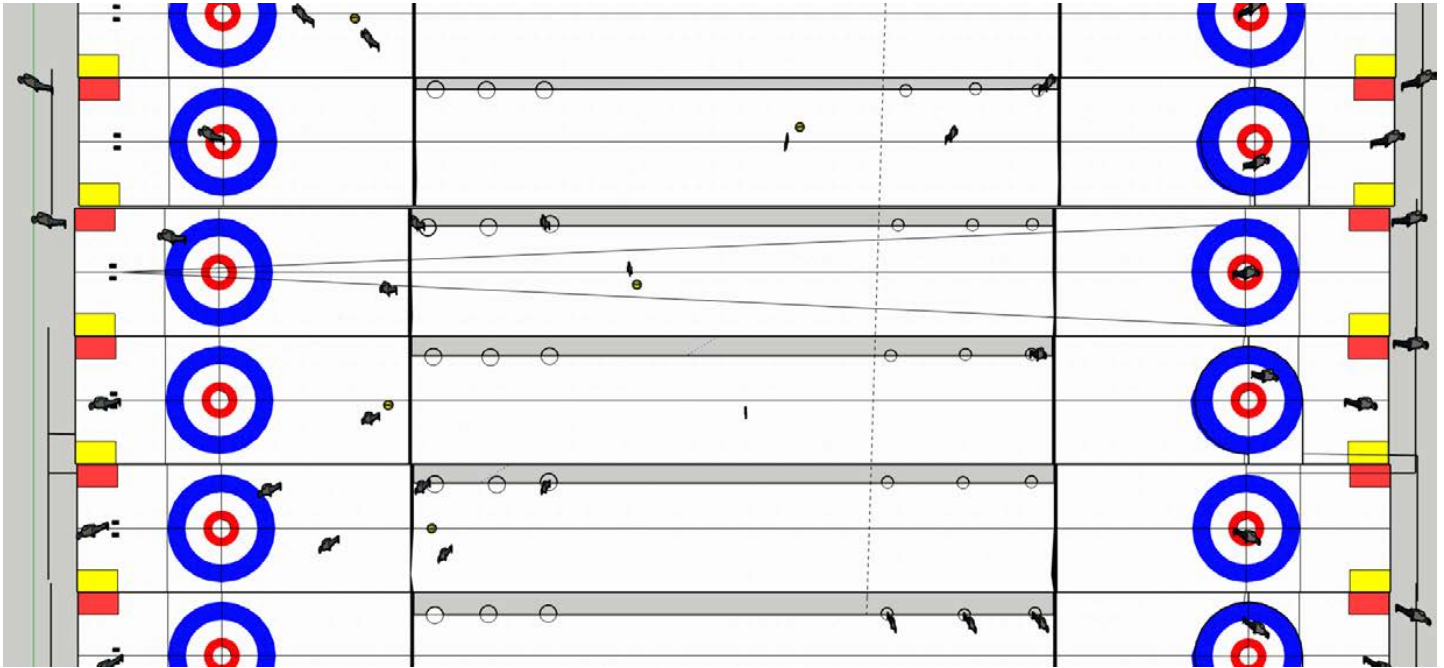
# APPENDIX E: Registering teams



# APPENDIX F: Covid-19 Ice Layout

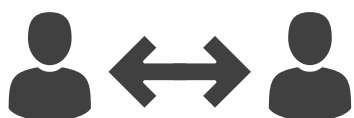


# APPENDIX F: Covid-19 Ice Layout cont.



## RULES FOR

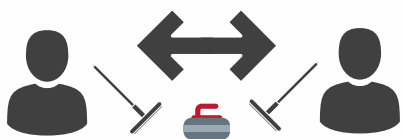
### MODIFIED 4-PERSON CURLING



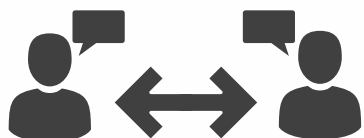
- 2m physical distancing between all curlers.



- One sweeper at a time.



- If your team chooses to relay, 2m physical distancing must occur.



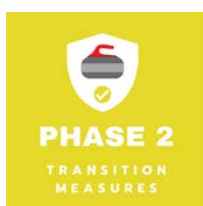
- Skips discuss shots with Thirds while physically distant.



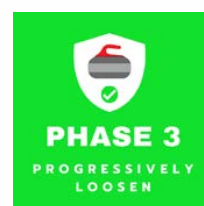
- Avoid shouting when moving past other curlers.



- We strongly recommend you wear a mask. Bring at least two masks as they may become wet.



The above rules are in place for four-person curling while Curl BC is in Phase 2 or 3 in the Return to Curling Plan. Check [www.curlbc.ca](http://www.curlbc.ca) for the latest information.





# APPENDIX H: Competition guide

## Overview



Modified rules for four-person curling – especially the one-sweeper rule – and physical distancing markers has allowed Curl BC to successfully advocate for curling to be moved from Group B into Group A in the viaSport guidelines – the guidelines every provincial sport organization needs to adhere to in order to return to play. Being in Group A – the group that doesn't have participants come into contact with one another – gives your curling club and Curl BC the option to pursue these events.

In this section we define “event” as anything that is a one-off or time-limited occasion that is separate from league play.

## Measures Related to Phases



### Phase 2 Events

1. Closed club bonspiels may occur.
  - a. Only open to the members of the curling club.
  - b. We recommend doubles and triples event to start.
  - c. If four-person modified curling, we recommend round robin with pools to limit potential close contact.
2. Regional, Provincial, or Interprovincial bonspiels and events are not allowed.

### Phase 3 Events

1. All Phase 2 events allowed in Phase 3.
2. Regional bonspiels and cashspiels may occur in Phase 3. This should be a phased in approach occurring at least one month after your club has had a chance to open successfully.
3. Curl BC regional events may occur starting Dec. 1, 2020
4. Curl BC provincial events may occur starting Jan. 1, 2021
5. Interprovincial bonspiels and events are not recommended at this time. This means teams cannot come from outside of British Columbia to participate in any type of club or Curl BC event. Exemptions can be granted for those men's, women's and wheelchair teams eligible for provincial playdowns through the residency exemption process.

***As part of the Phase 3 “Progressively Loosen” approach, Curl BC is asking clubs to gradually loosen their restrictions so that they can slowly build up to hosting regional and provincial events.***



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## Measures Related to Club Bonspiels and Cashspiels



1. A club bonspiel is defined as an “event” under the **Provincial Health Officer’s Mass Gatherings and Events order**.
  - a. Only 50 patrons can be present. Anyone who is curling or staff is not considered a patron.
2. Physical distancing must be maintained on the ice (field of play) at all times.
  - a. For traditional four-person curling, the Rules of Modified Four-Person Curling must be followed:  
**See Appendix G - Rules for Modified Four-Person Curling and the Measures Related to Game Modifications on Page 37 of this document.**
3. Clubs may consider running two bonspiels within the same weekend (such as a men’s and women’s bonspiels happening concurrently) with the following restrictions in place:
  - a. Clearly defined events:
    - i. Men’s Bonspiel  
OR Block A Men’s Bonspiel and Block B Men’s Bonspiel
    - ii. Women’s Bonspiel  
OR Block A Women’s Bonspiel and Block B Women’s Bonspiel
    - iii. Mixed Bonspiel
    - iv. Open Bonspiel
    - v. Senior’s Bonspiel, etc
  - b. Leave an adequate amount of time between draws to carry out cleaning.
    - i. Only teams of the defined event may be on the ice at the same time. Example: Draw 1 is men’s only, Draw 2 is women’s only, etc.
4. Bonspiel Format
  - a. Triple knock-out or full round robin is not recommended
  - b. Round Robin Pool Play is recommended:
    - i. Increased control over minimizing contact between teams, in turn reducing the risk of transmission between participants.
5. Additional Bonspiel Considerations
  - a. Consider using technology such as a website, email, social media or app for:
    - i. Online bonspiel registrations and entry fee payments.
      1. Collect participant information, waivers, and declarations for the event.
    - ii. Bonspiel draw, scoring, and results.
    - iii. Distributing any cash prizes to participants
    - iv. Running any fundraising events such as: 50/50 and/or raffle draws.
  - b. Consider how to space out draw times.
  - c. Consider occupancy limits of spaces within the lobby, lounge, and common areas of the facility.
  - d. Designate arrival and exit times for participants.
  - e. Designate areas for equipment storage.
  - f. Communicate whether or not there will be areas available for warm-ups and cool downs.
  - g. Modify champion and/or trophy presentations to avoid crowding.
6. Event Safety Plan  
Create an Event Safety Plan and post it in a visible area in the club.
  - a. Ensure it is based off of your club’s Covid-19 Safety Plan and/or Return to Curling Plan
  - b. Ensure participants sign a health declaration and waiver
  - c. Ensure participants are aware of your club’s illness policy before they get to the club

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## Measures Related to Club Bonspiels and Cashspiels cont.



- d. Communicate any cleaning or safety protocols that are in place for the event with all participants. Post these protocols at the club.
- e. Ensure you have contact information for all participants of the bonspiel and have them sign in every time they are at the club.
- 7. Banquets are not recommended at this time unless it is a members-only or club-only bonspiel.
- 8. Spectators
  - a. Spectators are not recommended in Phase 2
  - b. Spectators are not recommended in Phase 3, but if allowed, consideration should be made to ensure:
    - i. They are only accessing the lounge, and
    - ii. There is lounge capacity to accommodate bonspiel participants and spectators ideally in a separate area.
  - c. All spectators are subject to a health declaration and/or screening process and must provide their names for contact tracing purposes.



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## Measures Related to Competitors at Curl BC Regional, Open and Provincial Events



1. As part of the registration process for 2020-21 events all competitors are required to sign a Covid-19 health declaration and:
  - a. Competitors over the age of majority will sign a waiver “The Competitor’s Agreement”.
  - b. Competitors under the age of majority will have their parent/guardian sign an assumption of risk form.
2. All competitors have read and understand **Curl BC’s Illness Policy**.
  - a. The Illness Policy is subject to change as PHO guidelines change.
3. Teams are encouraged to register a designated eligible 5th player, and/or secondary coach in the event a replacement is necessary:
  - a. Prior to the event due to a team member presenting Covid-19 Symptoms.
    - i. Please refer to **Curl BC’s Illness Policy** for the scenarios for coach replacement. See below section on Measures Related to Coaches for additional information.
4. All competitors are required to wear masks/face coverings upon entering the host facility.
  - a. Masks/face coverings are to be worn in the lobby and common areas at all times throughout the event.
  - b. Masks/face coverings may be removed when eating or drinking.
  - c. Competitors must wear masks while competing. They should be aware that:
    - i. Competitors should bring additional masks to change during the course of a game as the competitor’s breath and the humidity in the ice area will decrease the effectiveness of the mask.
    - ii. Physical distancing is still required.

## Measures Related to Coaches at Curl BC Regional, Open and Provincial Events



1. As part of the registration process for 2020-21 events all coaches are required to sign a Covid-19 declaration and waiver.
2. All coaches have read and understand **Curl BC’s Illness Policy**.
  - a. The Illness Policy is subject to change as PHO guidelines change.
3. Coaches may consider sourcing a substitute coach in the event they display Covid-19 symptoms prior to or during a Curl BC regional and/or provincial event.
  - a. Providing Curl BC with information regarding a substitute coach with the team registration is recommended in order to have the appropriate credential checks done prior to the event including:
    - i. Criminal Record Check
    - ii. Coach Certification Check
    - iii. Safe Sport Module Check
  - b. Coach substitutions prior to a Curl BC regional and/or provincial event will be discussed and assessed on a case by case basis with the Competitions Manager and communicated to the Chief Umpire of the event.
4. Coaches are required to wear masks at all times while in the host facility including but not limited to the following areas:
  - a. Lobby
  - b. Common Areas (except to eat and drink)
  - c. On the ice (field of play) during team Time-Outs

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## Game Play Modifications at Curl BC Regional, Open and Provincial Events



1. Handshakes are not permitted to start and/or end a game.
2. There will be designated physical distancing markers on the ice (field of play) so that all competitors can maintain a 2m distance from their teammates, their opposition and those on the sheets beside them.
  - a. Competitors will be informed of which layout the host facility has installed.
    - i. Curl BC Modified Layout
    - ii. Curling Canada Modified Layout
    - iii. Other layout with all required physical distancing markers
3. Only throwing team can sweep and only one sweeper at a time per stone delivered. Relaying may occur, but is not required. If your team chooses to relay the following rules must be adhered to:
  - a. 2m physical distancing must occur during the relay, two sweepers must NOT sweep the stone (or impacted stone) at the same time.
  - b. A relay may occur in the following areas of play:

Between the Hoglines:

    - the active sweeper may give control of the stone to the inactive sweeper between the hoglines.
    - once the active sweeper becomes inactive they are not allowed to cross the far hogline.

Between the hogline and the t-line or backline (depending on your clubs rules):

    - the active sweeper may give control of the stone (or impacted stone) to the skip or vice-skip.
    - once the active sweeper becomes inactive they will clear the area of play.
  - c. the player that delivered the stone may NOT cross the far hogline.
  - d. The throwing team may sweep opposition stones after the t-line as long as there is only one sweeper at a time.
4. Lockers/Changerooms may not be available. This will be handled on a case-by-case basis with the facility.
  - a. If no availability, players are expected to come dressed and ready to play.
5. Team arrivals and practice times for events with more than 4 teams
  - a. Teams assigned to the TOP of the scoreboard:
    - i. Will arrive at the host venue 45-60 minutes before game time.
    - ii. There will be a designated waiting and/or warm-up area, if available at the host facility.
    - iii. Instructions around the waiting area and warm-up area will be communicated to teams prior to the event with facility specific details.
    - iv. Teams will proceed to the designated end of their sheet for first practice.
    - v. Last Stone Draw (LSD) for first practice will use the CLOCKWISE rotation.
    - vi. LSD will be played towards the home end.
    - iv. After the LSD results have been recorded the teams will exit the field of play and enter the lobby area into a designated waiting area.
    - v. Once the LSD for second practice has been recorded teams will enter the field of play and prepare to start the game.
  - b. Teams assigned to the BOTTOM of the scoreboard:
    - i. Will arrive at the venue 30-45 minutes before game time.
    - ii. Will remain in the designated waiting and/or warm-up area in the facility.
    - iii. Instructions around the waiting area and warm-up area will be communicated to teams prior to the event with facility specific details.
    - iv. Last Stone Draw for second practice will use the COUNTERCLOCKWISE rotation.
    - v. LSD will be played toward the home end.
    - vi. After the LSD results have been recorded the teams assigned to the TOP of the scoreboard will

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## Game Play Modifications at Curl BC Regional, Open and Provincial Events cont.



- come into the field of play.
- vii. Both teams will prepare to start the game.
- 6. To start the game the non-delivering team will be stationed at the appropriate distancing markers.
  - a. The individual of the deliver team will remain in the designated physical distancing area while their team delivers the first stone of the game.
- 7. If a stone needs to be switched during a game an OFFICIAL TIMEOUT will be called.
  - a. The stones in questions will be re-sanitized and stones will be positioned appropriately, if necessary.

## Measures Related to Host Facilities for Curl BC Regional, Open and Provincial Events



1. Form a small safety committee with an event chair, club manager and/or president, the Curl BC Competitions Manager, and the Chief Umpire.
  - a. Provide Curl BC with your club/facility's:
    - i. Return to Curling Plan/Return To Play Plan
    - ii. Covid-19 Safety Plan (if separate from your RTC/RTP)
    - iii. Host facility layouts (off ice and on ice plans), if not included in the RTP Plan.
  - b. Discuss any additional enhanced cleaning protocols/procedures for the event.
  - c. Recommend meeting using online communication.
    - i. If meeting in person ensure 2m physical distancing, and wear a mask.
    - ii. Curl BC can organize Zoom meetings as necessary.
2. All committee members and volunteers will follow the host facility illness policy during the planning of the event and the **Curl BC's Illness Policy** for the duration of the event.
3. Curl BC is reducing the number of required volunteers for an event.
  - a. Umpires & Officiating Volunteers
    - i. Hogline Observers NOT required
    - ii. On-Ice Observers NOT required
    - iii. Timers ARE required\* 1 per sheet per draw
    - iv. Timing Supervisor required\* Provincial event
      1. 1 per draw
    - v. Away Supervisor required \*Provincial Event
      1. 1 per draw
    - vi. Home Supervisor required\* Provincial event
      1. 1 per draw
  - b. If a host facility's occupancy limit is below 50 in the common areas, please discuss with the Competitions Manager.
4. Host committee to discuss how to reduce the number of their volunteers needed for an event.
  - a. Door security (pairing individuals already in their "bubble" ie: family members)
  - b. Discuss whether a printed program is necessary
  - c. Transportation and hospitality committees may not be necessary
5. Discuss spectators
  - a. Spectators are not recommended, but will be discussed and reviewed on a case by case basis:
    - i. If the facility set-up allows for the separation of spectators to prevent contact with event participants, volunteers, and staff.
    - ii. If allowed a strategy for ticket sales and seating will be discussed



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## Measures Related to Host Facilities for Curl BC Regional, Open and Provincial Events



6. Discuss how to keep competitors, volunteers, and staff separated from spectators during the event.
  - a. Designated access to: lobby, common areas, competitors' area, coaches' area, umpires area, lounge, and locker rooms.
7. Locker rooms may be open at the approval of Curl BC and the host facility as long as there is room for social distancing in these areas.

## Measures Related to Umpires for Curl BC Regional, Open and Provincial Events



1. Umpires will maintain physical distancing of 2m at all times.
2. Umpires and officiating volunteers are required to wear masks:
  - a. In the lobby and all common areas of the host facility.
  - b. On the ice (field of play)
  - c. During any event meetings with Curl BC staff, club staff, competitors, coaches, chaperones, parents, and volunteers.
  - d. During any of their event duties except to eat and drink.
3. Umpires will perform all measuring duties during regional and provincial events.
  - a. Umpires will disinfect and/or sanitize all measuring devices prior to the start of the event and after each use.
    - i. Appropriate cleaning supplies will be available from the event committee and/or Curl BC.
  - b. Umpires will remove their gloves and sanitize their hands prior to touching the measuring device.
  - c. Umpires will follow measuring protocols.
  - d. Umpires will return the measuring device and resanitize it.
  - e. Umpires will sanitize their hands before putting their gloves back on.
4. Scoreboards Management
  - a. Regional and Provincial Events:
    - i. The third (vice-skip) is responsible for managing the scoreboard.
    - ii. Appropriate disinfectant/sanitizer will be available from the event committee and/or Curl BC.
5. The following officials will NOT be used during the Covid-19 Pandemic
  - a. Hogline Officials
  - b. On-Ice Observers
    - i. On-ice issues are referred to the home/away supervisor for a ruling. If the ruling is disputed the ruling can be referred to the chief umpire for a final decision. The chief umpire's ruling is final.

## Food and Beverage Services at Curl BC Regional, Open and Provincial Events



1. If host facilities have food and beverage services available during a regional and/or provincial event all provincial health officer orders must be adhered to.
  - a. Please provide Curl BC with available services, protocols, capacity limits, and expectations for competitors.
2. Curl BC recommends that no banquets are held.
  - b. A host facility may request an exemption in order to host a banquet but that will be subject to approval by Curl BC.

# APPENDIX I: How to Wear a Mask



## HOW TO WEAR A MASK WHILE CURLING

A mask should fit tightly over your nose and mouth.



Try different styles to find one that's right for you.

Bring at least two masks.



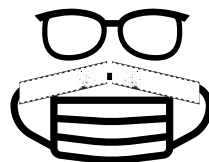
Your breath will make your mask wet and not as effective as time wears on.

Contact lenses are a better option than glasses.



This avoids the fogging issue.

If you must wear glasses:



- Try using medical tape along the top of your mask to prevent air rising.
- Use an anti-fog wipe or spray.

**REMEMBER: If there is fogging, STOP and wait for it to clear.**