

100 Mile House Curling Club Illness Policy 2020/21 Season

This policy includes anyone who enters the Curling Club. The word **“YOU”** used in this policy includes but is not limited to: Employees, volunteers, participants, parents/spectators, workers from Canlan or paid contractors.

The **“Curling Club”** includes any part of the curling facility such as the entrance, ice area, kitchen, maintenance areas, lounge or bar.

No one may participate in a playing, practicing, volunteering, spectating or any other activity at the Curling Club if they are symptomatic.

- **Self Assessment:** You must self-assess for any symptoms of COVID-19. Symptoms include fever, chills, cough, shortness of breath, sore throat and painful swallowing, stuffy or runny nose, loss of sense of smell, headache, muscle aches, fatigue and loss of appetite.
- **Illness:** If you are feeling sick you should remain at home and contact Health Link BC at 8-1-1.
- **Feeling sick at the Club:** If you feel sick and/or are showing symptoms while at the Curling Club, you should go home immediately and contact 8-1-1 or a doctor for further guidance.
- **If you test positive for COVID-19: Contact the Covid Manager immediately.**

A positive test will trigger the local health authority to implement contact tracing. Do NOT attempt to do any contact tracing and ensure you work with the authorities to effectively communicate about the outbreak.

- You will not be permitted to return to the Curling Club until you are free of the COVID-19 virus.
 - Anyone who worked or played closely with the infected person will also be removed from the Curling Club for at least 14 days to ensure the infection does not spread further.
 - The Curling Club will close off, clean and disinfect the area immediately and any surfaces that could have potentially be infected/touched.
- **If you have been tested and are waiting for the results of a COVID-19 Test**
 - As with the confirmed case, you cannot enter the Curling Club.

- Other people who may have been exposed will be informed and will not be allowed into the Curling Club for at least 14 days or until the diagnosis of COVID-19 is ruled out by health authorities.
- The Curling Club will be closed off, cleaned, and disinfected immediately and any other surfaces that could have potentially been infected/touched.
- **If you have come in to contact with someone who is confirmed to have COVID-19**
 - You must advise the Covid Manager if you reasonably believe you have been exposed to COVID-19.
 - Once the contact is confirmed, you cannot enter the Curling Club for at least 14 days or as otherwise directed by public health authorities. Anyone who may have come into close contact with you, cannot come into the Curling Club for at least 14 days.
 - The Curling Club will be closed off, cleaned, and disinfected immediately and any other surfaces that could have potentially been infected/touched.
- **Quarantine or Self-Isolate if:**
 - **If you have travelled outside of Canada within the last 14 days:** You are not permitted to enter any part of the Curling Club and must quarantine and self-isolate.
 - **If you have any symptoms of COVID-19:** You are not permitted to enter any part of the Curling Club and must quarantine and self-isolate.
 - **If anyone in your household is showing symptoms of COVID-19:** You are not permitted to enter any part of the Curling Club and must quarantine and self-isolate.
 - **If you or someone in your household is in quarantine or is self-isolating:** You are not permitted to enter any part of the Curling Club.
- **Responsibility of Covid Manager:**
 - If there is a confirmed case at the Curling Club, the Covid Manager will contact Interior Health at 1-877-980-5118 and follow their instructions.
 - The Covid Manager will also inform the Manager of Canlan if there is a positive case.

NOTE: The Covid Manager's contact information will be posted at the Curling Club.

100 Mile House Curling Club
League Curling Under Covid-19 2020 – 2021 Season
Based on 4 Person / Team Curling

- **Illness:** Do not come to the Curling Club if you are sick. This includes fever, cough, unusual tiredness, aches and pains, sore throat, loss of taste or smell, chest pain, difficulty breathing or shortness of breath.
- **Physical distancing:** Always **keep physically distanced** both on- and off the ice. We require you to be 2 metres apart at all times.
- **Arrive at the rink ready** with your broom, shoes, gripper, throwing aid and water.
- **Bring your own water.** No water will be provided at club.
- **Spares:** It is recommended that if one curler is sick, the team plays with 3 instead of getting a spare. If you have a spare, skips will report the name and contact information of spares to the Covid Manager at least 2 hours before the game is scheduled. This can be done by emailing 100milecurling@gmail.com or texting the Covid Manager.
- **Masks:** The use of masks is required in the entrance and locker area, if you are able to wear one. Put on your mask at the front door.
- **Sanitizing your hands:** Sanitize your hands upon entry, after touching any surface you aren't sure is clean, after coughing, sneezing or blowing your nose.
- **Coughing, sneezing:** Cough and sneeze into your sleeve.
- **First person to arrive:** The first person to arrive at the club will clean the front door, clean and open the fire doors, light switches, washroom doors and counters, stairway handrails, lounge door and initial that this has been done on the cleaning schedule.
- **Ice Preparation:** If you are designated to prepare and clean the ice you must clean the maintenance room door, light switch, water valves, pebbling pack, nipper, mops, shovels, brooms and plastic rock handles before using them. **Do not clean the granite on the rocks**, as sanitizer will damage the stone. Disposable gloves and reusable face shields will be available for use. If you use a face shield clean it before use.

- **Lockers will NOT be available this year.**
- **No use of Club equipment.** If you need equipment, we will assign you your own equipment for the year. You will take it home and bring it back each week.
- **Outdoor Shoes:** Place your outdoor shoes on the shoe rack keeping 2 metres apart.
- **Early arrival:** If you arrive before your designated time and the earlier curlers are not on the ice, please wait in the upstairs lounge. Keep 2 metres apart. Lobby/locker area capacity is 14.
- **To change into your curling shoes,** go directly to your designated chair maintaining social distancing of 2 metres. Wipe your chair with a sanitizing wipe from the dispenser. If all designated chairs are in use when you arrive use a chair in the lounge upstairs.
- **Where to put your stuff:** Hang your coat on the back of the chair. Store all other items under your chair. Bags that do not fit under your chair are not allowed. Small bags such as purses can be taken out on the ice.
- **Put on your curling shoes:** Put on your curling shoes and remain in your chair for all the players from both teams to be ready before proceeding onto the ice.
- **Stretching:** Stretch as close to your chair as possible, keeping distanced from other curlers and always wearing your mask (if you are able to wear one).
- **Going out on the ice:** One person will sanitize the door area they will touch and then hold open the door while the other curlers on their sheet go onto the ice.
- **Teams will go out on the ice by Sheet:** Sheet C will start first each night, Sheet B and A will follow at 10-minute intervals.
- **No shaking hands:** There will be no shaking hands before or after games. Touching brooms or acknowledging opponents with “good curling” will be done.
- **Wearing a mask on the ice:** Once you are on the ice and away from other curlers you may remove your mask, if you wish.

- **Touch only your two rocks:** If you clean the bottom of your rock with your hand sanitize after throwing your rocks or use your broom to clean the bottom of the rock. Do not move opponents' or teammate's rocks with your hands.
- **Touch only your equipment and no sharing equipment:** Do not touch your teammate's or opponent's equipment and do not share equipment. Be conscious of what equipment you need at the other end of the sheet and take it with you. Thirds can no longer be pack horses bringing equipment back and forth.
- **No coin toss:** The schedule will indicate which team has the hammer in the first end.
- **Throwing, sweeping, skipping:** If it is not your turn to throw go to the appropriate designated marked spot. Throwing team skip in the house, non-throwing team skip at or behind the hack. Throwing team sweeper at the tee line. Throwing team member who is not sweeping on the end boards. Non-throwing team sweepers on the marked spots near mid ice. Non-throwing team member waiting to throw stands on the ice next to their rock.
- **Sweeping decision:** Teams may decide who sweeps and who sits out on each shot
- **No sweeping in the house:** Only one person in the house at a time, no sweeping in the house.
- **Thirds and skips discussion:** Thirds and skips discuss strategy at a distance with only one of them in the house, keeping 2 metre distance.
- **Putting rocks away at the completion of the end:** The seconds from each team will put the rocks away at the completion of each end. The other people will go to assigned spots. Move rocks with your shoes and brooms.
- **Score keeping:** The thirds will keep score on their own note pads, not on the scoreboard. Notepads can be left underneath the scoreboards so that players can see what the score is.
- **Leaving the ice:** One sheet only will leave the ice at one time. The second sheet cannot leave the ice until the players from the first sheet that finished have left the lobby. Put your mask back on to go into the lobby area. If you are leaving Sheet A, use A door. If leaving Sheet C, use C door.

If leaving Sheet B, use your discretion, keeping 2 metre distance from other sheets. Ask players on other sheets to move if necessary.

- **Measuring:** Only thirds will use the measuring device. Use a sanitizer provided to clean the device before using it.
- **Hand Sanitizer on the ice:** Clean your hands after you sneeze, blow your nose or touch something you are unsure is clean, like the bottom of your rock.
- **Results:** Game results will NOT be posted on the schedule. They will be sent to the Scheduler electronically. Assign someone on your team to text the Scheduler with game results or send results by email to 100milecurling@gmail.com
- **Spectators:** Spectators will NOT be allowed this season except for curlers under the age of 18 participating in an adult league ("Junior Curlers"). Junior Curlers will provide the name of one person who they live with who will regularly spectate, ("Assigned Spectator"). If the Assigned Spectator cannot attend, they must notify the Covid Manager of the replacement spectator, if there is one, at last 2 hours before the game. The Assigned Spectator will go on the Contact Tracing List each week.
- **Washroom:** Washroom capacity will be one person. Clean stall and toilet handle before touching them, leave the door open. Alternatively use a paper towel to touch surfaces. Wash your hands thoroughly with soap. Use a paper towel to turn off the faucet and open the door. A garbage can will be placed beside the door.
- **Going for a drink:** If you are going up to the lounge, keep your mask on until you are seated. Please follow the Bar Service Rules.
- **Positive Covid Test:** If you test positive for Covid-19, contact the Covid Manager immediately.

NOTE:

Covid Manager and Scheduler contact information will be posted at the Club

100 Mile House Curling Club
Drop-in Curling Under Covid-19
2020 – 2021 Season
Based on 4 Person / Team Curling

- **Illness:** Do not come to the Curling Club if you are sick. This includes fever, cough, unusual tiredness, aches and pains, sore throat, loss of taste or smell, chest pain, difficulty breathing or shortness of breath.
- **Pre-register:** Drop-in curlers must preregister by phoning, texting or emailing the Drop-in Coordinator or emailing 100milecurling@gmail.com Curlers who arrive at the club without preregistering will not be allowed to stay.
- **Physical distancing:** Always **keep physically distanced** both on- and off the ice. You are required to be 2 metres apart at all times.
- **Arrive at the rink ready** with your broom, shoes, gripper, throwing aid and water.
- **Bring your own water.** No water will be provided at club.
- **Coffee:** Coffee will NOT be served this year.
- **Masks:** The use of masks is required in the entrance and locker area, if you are able to wear one. Put on your mask at the front door.
- **Sanitizing your hands:** Sanitize your hands upon entry, after touching any surface you aren't sure is clean, after coughing, sneezing or blowing your nose.
- **Coughing, sneezing:** Cough and sneeze into your elbow/sleeve.
- **The Organizer:** The Drop-in Organizer will clean the front door, clean and open the fire doors, light switches, washroom doors and counters, and initial that this has been done on the cleaning schedule.
- **Ice Preparation will be done by Organizer:** Organizer will prepare and clean the ice, clean the maintenance room door, light switch, water valves, pebbling pack, nipper, mops, shovels, brooms and plastic rock handles before using them. **Do not clean the granite on the rocks**, as sanitizer will damage the stone. Disposable gloves and reusable face shields will be available for use. If you use a face shield clean it before use. Organizer may ask for help to prepare ice.
- **Lockers will NOT be available this year.**
- **No use of Club equipment.** If you need equipment, we will assign you your own equipment for the year. You will take it home and bring it back each week.

- **Outdoor Shoes:** Place your outdoor shoes on the shoe rack keeping 2 metres apart.
- **Arrival:** Arrive within 15 minutes of the start of drop-in. If you arrive and the lobby/locker area is at capacity, please wait outside or upstairs. Keep 2 metres apart. Lobby/locker area capacity is 14.
- **To change into your curling shoes,** go directly to your designated chair maintaining social distancing of 2 metres. Wipe your chair with a sanitizing wipe from the dispenser. If all designated chairs are in use when you arrive use a chair in the lounge upstairs.
- **Where to put your stuff:** Hang your coat on the back of the chair. Store all other items under your chair. Bags that do not fit under your chair are not allowed. Small bags such as purses can be taken out on the ice.
- **Put on your curling shoes:** Put on your curling shoes and remain in your chair for all the players from both teams to be ready before proceeding onto the ice.
- **Stretching:** Stretch as close to your chair as possible, keeping distanced from other curlers and always wearing your mask (if you are able to wear one).
- **Going out on the ice:** One person will sanitize the door area they will touch and then hold open the door while the other curlers on their sheet go onto the ice.
- **Teams will go out on the ice by Sheet:** Sheet C will start first, Sheet B and A will follow at 10-minute intervals.
- **No shaking hands:** There will be no shaking hands before or after games. Touching brooms or acknowledging opponents with “good curling” will be done.
- **Wearing a mask on the ice:** Once you are on the ice and away from other curlers you may remove your mask, if you wish.
- **Touch only your two rocks:** If you clean the bottom of your rock with your hand sanitize after throwing your rocks or use your broom to clean the bottom of the rock. Do not move opponents’ or teammate’s rocks with your hands.
- **Coaching:** Any coaching must be done at a physical distance of 2 metres.
- **Touch only your equipment and no sharing equipment:** Do not touch your teammate’s or opponent’s equipment and do not share equipment. Be conscious of what equipment you need at the other end of the sheet and take it with you. Thirds can no longer be pack horses bringing equipment back and forth.

- **No coin toss:** The Organizer will indicate which team has the hammer in the first end.
- **Throwing, sweeping, skipping:** If it is not your turn to throw go to the appropriate designated marked spot. Throwing team skip in the house, non-throwing team skip at or behind the hack. Throwing team sweeper at the tee line. Throwing team member who is not sweeping on the end boards. Non-throwing team sweepers on the marked spots near mid ice. Non-throwing team member waiting to throw stands on the ice next to their rock.
- **Sweeping decision:** Teams may decide who sweeps and who sits out on each shot
- **No sweeping in the house:** Only one person in the house at a time, no sweeping in the house.
- **Thirds and skips discussion:** Thirds and skips discuss strategy at a distance with only one of them in the house, keeping a 2 metre distance.
- **Putting rocks away at the completion of the end:** The seconds from each team will put the rocks away at the completion of each end. The other people will go to assigned spots. Move rocks with your shoes and brooms.
- **Score keeping:** The thirds will keep score on their own note pads, not on the scoreboard. Notepads can be left underneath the scoreboards so that players can see what the score is.
- **Leaving the ice:** One sheet only will leave the ice at one time. The second sheet cannot leave the ice until the players from the first sheet that finished have left the lobby. Put your mask back on to go into the lobby area. If you are leaving Sheet A, use A door. If leaving Sheet C, use C door. If leaving Sheet B, use your discretion, keeping 2 metre distance from other sheets. Ask players on other sheets to move, if necessary.
- **Measuring:** Only thirds will use the measuring device. Use a sanitizer provided to clean the device before using it.
- **Hand Sanitizer on the ice:** Clean your hands after you sneeze, blow your nose or touch something you are unsure is clean, like the bottom of your rock.
- **Spectators:** Spectators will NOT be allowed this year. An exception to this rule is if a blind curler requires an aid. This aid must be registered with the Organizer.
- **Washroom:** Washroom capacity will be one person. Clean stall and toilet handle before touching them, leave the door open. Alternatively use a paper towel to

touch surfaces. Wash your hands thoroughly with soap. Use a paper towel to turn off the faucet and open the door. A garbage can will be placed beside the door.

- **Positive Covid Test:** If you test positive for Covid-19, contact the Covid Manager immediately.
- **Contact information list:** The Organizer will send the Covid Manager a list of drop-in attendees as well as any other people who come to the club, and contact information every week. This will be done within 48 hours of drop-in.

NOTE:

The Organizer and Covid Manager contact information will be posted at the Club, on Facebook and on the Curling Club website.

**100 Mile House Curling Club
Junior Curling Under Covid-19
2020/21 Season**

- **Illness:** Do not come to the Curling Club if you are sick. This includes fever, cough, unusual tiredness, aches and pains, sore throat, loss of taste or smell, chest pain, difficulty breathing or shortness of breath.
- **Physical distancing:** Always **keep physically distanced** both on- and off the ice. We require you to be 2 metres apart at all times.
- **Arrive at the rink ready:** Arrive at the rink at your designated time with your broom, shoes, gripper, throwing aid and water.
- **Bring your own water:** Water will NOT be provided by the club.
- **Masks:** The use of masks is required in the entrance and locker area, if you are able to wear one. Put on your mask at the front door.
- **Sanatizing your hands:** Sanitize your hands upon entry, after touching any surface you aren't sure is clean, after coughing, sneezing or blowing your nose.
- **Coughing, sneezing:** Cough and sneeze into your sleeve.
- **Spectators:** The Curling Club requests as few people as possible spectating at Juniors. It is ideal if you can drop-off and pick-up your child. If it is necessary for you to be at the Club to watch, you must live in the same house as the Junior curler. If you have more than one person watching the Junior, (for example you have smaller children that you cannot leave alone) your family must stay together, and physically distance from others. Children must stay with their parents and cannot be running around the facility. Spectators must wait outside until the curlers are on the ice. Lobby capacity is 14. In a drop-off situation, one coach will greet curlers at the door and notify parents that they are aware the child will be curling.
- **No Lockers:** Lockers will NOT be available this year.
- **No use of Club Equipment:** If you require equipment; broom, slider, gripper or throwing aid, you will be assigned one for you to take home and return with each week. No equipment will be shared.
- **Outdoor Shoes:** Place your outdoor shoes on the shoe rack keeping physically distanced.

- **To get ready to curl:** Go directly to your designated chair maintaining social distancing of 2 meters. Lobby capacity is 14. If all designated chairs or seats are in use when you arrive please wait until a space is assigned to you. Wipe your chair with a sanitizing wipe from the dispenser
- **Early arrival:** If you arrive before your designated time and the earlier curlers are not on the ice, please wait outside.
- **Where to put your stuff:** Hang your coat on the back of the chair, put on your curling shoes and wait for all the players from both teams to be ready before proceeding onto the ice. Store all other items under your chair. Bags that will not fit under your chair are not allowed.
- **Waiting to go out on the ice:** Once you have your curling shoes on, you may stretch as close to your chair as possible. Or remain seated until the coach gives you the OK to go out on the ice.
- **Going out on the ice:** Sheet C will start first, Sheet B and A will follow one at a time. The coach for that sheet will hold open the door while the junior curlers on their sheet go onto the ice
- **Masks on the ice:** Once you are on the ice and away from other curlers you may remove your mask, if you wish.
- **No shaking hands:** There will be NO shaking of hands this year. You may touch brooms or simply wish your opponent a good game verbally.
- **No coin toss:** There will be NO coin toss to determine the hammer. The schedule will indicate which team has the hammer in the first end
- **Touch only your equipment and no sharing equipment:** Do not touch your teammate's or opponent's equipment and do not share equipment. Be conscious of what equipment you need at the other end of the sheet and take it with you.
- **Touch only your two rocks:** If you clean the bottom of your rock with your hand sanitize after throwing your rocks or use your broom to clean the bottom of the rock. Do not move opponents' or teammate's rocks with your hands.
- **Throwing, sweeping, skipping:** If it is not your turn to throw go to the appropriate designated marked spot. Throwing team skip in the house, non-throwing team skip at or behind the hack. Throwing team sweeper at the tee line. Throwing team member who is not sweeping on the end boards. Non-

throwing team sweepers on the marked spots near mid ice. Non-throwing team member waiting to throw stands on the ice next to their rock.

- **Sweeping decision:** Teams may decide who sweeps and who sits out on each shot
- **No sweeping in the house:** Only one person in the house at a time, no sweeping in the house.
- **Thirds and skips discussion:** Thirds and skips discuss strategy at a distance with only one of them in the house, keeping 2 metre distance.
- **Putting rocks away at the completion of the end:** The seconds from each team will put the rocks away at the completion of each end. The other people will go to assigned spots. Move rocks with your shoes and brooms.
- **Score keeping:** The thirds will keep score on their own note pads, not on the scoreboard. Notepads can be left underneath the scoreboards so that players can see what the score is.
- **Leaving the ice:** One sheet only will leave the ice at one time. The second sheet cannot leave the ice until the players from the first sheet that finished have left the lobby. Put your mask back on to go into the lobby area. If you are leaving Sheet A, use A door. If leaving Sheet C, use C door. If leaving Sheet B, use your discretion, keeping 2 metre distance from other sheets. Ask players on other sheets to move if necessary.
- **Measuring:** Only thirds will use the measuring device. Use a sanitizer provided to clean the device before using it.
- **Hand Sanitizer on the ice:** Clean your hands after you sneeze, blow your nose or touch something you are unsure is clean, like the bottom of your rock.
- **Results:** Game results will NOT be posted on the schedule by curlers. They Organizer will post them. Assign someone on your team to inform the Organizer of the game results
- **Cleaning the ice:** A coach will prepare and clean the ice. They will clean the maintenance door, light switch, water valves, pebbling pack, nipper, mops, shovels and brooms, before using them. Do not touch any of this equipment. Rock handles will also be disinfected prior to curling.

- **Cleaning upon entry:** The first coach or organizer to arrive will clean the front door, clean and open the fire doors, light switches, washroom doors and counters and doors to the ice.
- **Washroom:** Washroom capacity will be one person. Clean stall and toilet handle before touching them, leave the door open. Alternatively use a paper towel to touch surfaces. Wash your hands thoroughly with soap. Use a paper towel to turn off the faucet and open the door. A garbage can will be placed beside the door.
- **Contact tracing:** The organizer will do a roll call to determine who is in attendance and provide this list with contact information to the Covid Manager within 48 hours.
- **Positive Covid Test:** If you test positive for Covid-19, contact the Covid Manager immediately.

NOTE:

Covid Manager and Organizer contact information will be posted at the Club.

**100 Mile House Curling Club
Bar Service for Covid-19
2020 – 2021 Season**

- **Illness:** Do not come to the Curling Club if you are sick. This includes fever, cough, unusual tiredness, aches and pains, sore throat, loss of taste or smell, chest pain, difficulty breathing or shortness of breath.
- **Lounge Capacity:** Lounge capacity is 15. One server and 14 patrons.
- **Physical Distancing:** Maintain 2 metre distance, whenever possible.
- **Masks:** The use of masks is required in the entrance, locker area, and into the lounge, if you are able to wear one. Remove your mask once you are seated.
- **There will be a server:** YOU CANNOT SERVE YOURSELF!! You must wait to be served.
- **Servers must have “Serving it Right”:** We will require a volunteer every night of league curling to serve liquor in the lounge. Servers must have “Serving it Right” and cannot drink while serving.
- **Ordering and partaking:** Patrons must go directly to a seat, order from their seat and be seated when served, and remain seated unless they need to use the washroom. Patrons may not change tables. Patrons will clean their chair and table before using them with cleaning supplies located on the table.
- **Lemons and Limes:** Lemons and limes will NOT be served.
- **Location of Chairs and Tables:** Chairs and tables must remain in their designated places.
- **Cleaning by Server:** Server to wash or sanitize hands before putting on a mask or face shield. Wash the face shield before using. Gloves are available if you wish to use them. The server will clean the lounge door, bar door, lounge door stopper, light switches, washroom doors, taps, television remote, jiggers, ice cube scoops, ice maker doors, roll up door handles, serving window shield (if applicable) and cooler door handles. The server will record cleaning performed on the wall chart. The server will leave the lounge door open.
- **Wine glasses:** Glass wine glasses will not be available. Disposable plastic glasses will be used.

- **Paying:** Patron will pay by cash. Please try to have exact change. Server will collect the cash at the table. Server is to wash or sanitize their hands after each cash sale.
- **Drinks:** The server will take orders and bring the order to the table.
- **Last call:** Liquor must not be served after 9:30 pm. The bar must be closed and locked at 9:30 pm.
- **Music and TV:** Music and television noise level must not interfere with normal conversation. Dancing will not be allowed.
- **Contact information:** Each league will have a list of the regular curlers that attend each week. It is up to each skip to inform the Covid Manager if they have a spare.

**100 Mile House Curling Club
Ice Making and Maintenance Under Covid-19
2020 – 2021 Season**

- **Illness:** Do not come to the Curling Club if you are sick. This includes fever, cough, unusual tiredness, aches and pains, sore throat, loss of taste or smell, chest pain, difficulty breathing or shortness of breath.
- **Physical Distancing:** Maintain 2 metre distancing whenever possible.
- **Masks:** Put on your mask at the front door and sanitize your hands. The use of a mask is required, if you are able to wear one. Ensure you are wearing a mask if you cannot keep physical distance during Ice Making and Maintenance
- **Other PPE:** Put on gloves. A face shield will be available for use if you will be in close contact with another volunteer. Clean the face shield before use.
- **Cleaning:** The first person arriving will clean the front door, clean and open the fire doors, light switches, ice rink door, maintenance room door, storage room door.
- **Clean Rock Handles:** Clean the rock handles before removing them from the ice
- **Clean Tools and Equipment:** Clean the manual ice scrapers, brooms, mops, shovels, hacks, powered ice scraper before use.
- **Other cleaning:** Clean the water valves and pebbling pack before using them.
- **Contact Tracing:** Lead ice maker will maintain a list of people who help with the ice and provide it to the Covid Manager within 48 hours of ice maintenance being performed. This includes anyone who provides maintenance from Canlan.

**100 Mile House Curling Club
Facility Maintenance Under Covid-19
2020 – 2021 Season**

- **Illness:** Do not come to the Curling Club if you are sick. This includes fever, cough, unusual tiredness, aches and pains, sore throat, loss of taste or smell, chest pain, difficulty breathing or shortness of breath.
- **Timing of maintenance:** Except in emergency situations, all maintenance will be done when no other persons are present at the club.
- **Maintenance requiring more than one person:** In the event maintenance is urgent, and must be done while others are present, or requires two or more people to complete the task, the following will apply:
 - Put on your mask at the front door and sanitize your hands. The use of a mask is required if you are able to wear one.
 - Put on gloves.
 - A face shield will be available for use if you will be in close contact with another volunteer. Clean the face shield before use.
- **Gloves and tools:** Wherever possible the person conducting repairs or maintenance will wear gloves and use only their own tools that will leave the premises after the task. If it becomes necessary to use club tools they must be sanitized before use.
- **Contact Tracing:** The Maintenance Manager will maintain a list of people who help with maintenance and provide it to the Covid Manager within 48 hours. This includes anyone who provides maintenance from Canlan, external companies or contractors.
- **External maintenance workers:** External Maintenance workers must follow the Curling Club Covid Protocols.
- **Completion:** On completion of the task, all doorknobs, light switches, devises, or fixtures worked on will be sanitized.

**100 Mile House Curling Club
Event Protocol for Covid-19
2020 – 2021 Season**

No Rentals or External Events: The Board of Directors of the 100 Mile Curling Club have approved that there will be no external events, lounge rentals or kitchen rentals during the 2020/21 Curling Season.

Therefore, protocols are not required.