Temporary Measures: Jan. 8, 2021

These temporary measures came into effect on Dec. 2 and were updated Dec. 9, Dec. 15, Dec. 24 and Jan. 8 and supercede the Phase 2 and 3 allowable activities that were in effect in the spring, summer and early fall. The measures are in place until Feb. 5, 2021, or until further notice. This information is subject to change as Provincial Health Officer orders are updated.

- Team activities for Under 22 only.
- Individual practice for 22 and up OK with up to one other person as coach/partner. One-on-one "games" also allowed.
- 3m physical distancing.
- Local club participation only. No travel.
- Travel, training and competition exemption for High Performance athletes.
- Masks should be worn everywhere.
- 1. Curling clubs and centres can be open as long as they follow Mass Gatherings and Events Order protocols
 - a. Ensure 3m physical distancing measures are in place.
 - b. Ensure your cleaning policies, protocols, and procedures are in place and can be maintained.
- 2. Team training for Under 22s
 - a. Participants must maintain a physical distance of 3m from one another AND should wear masks.
 - b. Activities should be low risk of transmitting the virus (e.g. individual activities, group training such as skill development activities technical, brushing, strategy and tactics that maintains physical distance).
 - c. In-club games for the purposes of training are allowed if 3m distancing may be maintained.
 - d. No bonspiels or interclub activities are permitted.
- 3. Individual training and one-on-one game scenarios for adults 22 and up.
 - a. Participants must maintain a physical distance of 3m from one another AND should wear masks.
 - b. Scheduled individual practices (1-2 people per sheet).
 - c. Avoid scheduling league-type practices (for example, a men's league practice at 6pm) to avoid gatherings.
- 4. No spectators
 - a. Parents should not stay to watch children train. However, clubs can designate a parent or another person as a chaperone to ensure Safe Sport procedures like the "Rule of 2" are followed. This will ensure that an adult is not alone with a minor.
- 5. No travel
 - a. Allow local member participation only. Local participation is defined as people who are attending their home club.
- 6. High performance athletes
 - a. High Performance athletes are defined as a person who is identified by the Canadian Sport Institute Pacific as a high-performance athlete affiliated with an accredited provincial or national sports organization. A person who is a high-performance athlete who is already training in British Columbia may train, practice, compete and travel for that purpose if the person follows the COVID19 safety protocols of the provincial or national sports organization with which the person is affiliated.
- 7. Lounges
 - a. Lounges cannot hold "events" as defined in the **Mass Gatherings and Events Order**. So that means no parties, banquets, etc.
 - b. Please visit ABLE BC for advice on how to operate your lounge during these restrictions.

