



Communicable Disease Prevention Office Plan

Communicable Disease Prevention

This plan includes ongoing measures to reduce the risk of communicable disease and additional measures for when there's an elevated risk of communicable disease. Managing communicable disease at the Curl BC office is part of our commitment to an effective occupational health and safety program.

A communicable disease is an illness caused by an infections agent or its toxic product can be transmitted in a workplace from one person to another. Examples of communicable diseases that may circulate in a workplace include COVID-19, norovirus, and seasonal influenza.

Assessing Risk

Preventing communicable disease involves taking ongoing measures to reduce the risk of communicable disease transmission in the Curl BC office. It will involve implementing additional measures when advised to do so by Public Health during periods of elevated risk.

The Curl BC Member Services Manager will monitor and review communicable disease related information issued by regional and provincial health officers, as applicable. This includes orders, guidance, notices, and recommendations issued by a medical or provincial health officer.

The frequency of review will be determined by changes to guidance from the provincial health officer, and on an annual basis.

Staff will be consulted, and informed, of any changes to this CDP Office Plan.

Reducing Risk

Staff are encouraged to return to work at the office, but, in consultation with the CEO, may still work remotely.

Staff and visitors are responsible to conduct a daily health assessment before coming into the Curl BC office (the "Office"). If staff feel unwell, and are displaying key symptoms of COVID-19 or other transmissible disease they are expected to work from home or may use their allocated Sick Days, as necessary. If visitors feel unwell, they are expected to reschedule their visit for another date, or schedule a virtual meeting in place of an in-person meeting.

Key Symptoms include: fever, chills, loss of sense of smell or taste, difficulty breathing, and worsening cough.¹

All staff have read and understand the APPENDIX 5- Curl BC Illness Policy

Mask Wearing:

- Staff will wear a face mask while moving around in the office.
- Staff may remove their masks while at their desks.
- Staff recommend that visitors wear a face mask for any office meetings.

Hand sanitizer and/or wipes will be available to staff to use after interacting with high-touch points in the office including, but not limited to: door handles, cabinet handles, printer/copier, microwave, bar fridge, and other office equipment.

Office cleaning is the responsibility of the Christine Sinclair Community Centre, and will be conducted on a weekly basis. Staff may perform additional cleaning at their desk at their own discretion.

Staff are reminded to:

- Wash their hands before and/or after any break.
- Avoid touching their eyes, nose, and mouth while at the office.
- To cough and/or sneeze into their elbows

Staff understand the Right to Refuse unsafe work, and procedures are in place to respond to such concerns.

Curl BC will post “if sick stay home” signage on the office door.

Staff and visitors will respect all procedures of the Christine Sinclair Community Centre.

¹ http://www.bccdc.ca/Health-Info-Site/Documents/COVID_public_guidance/When_to_get_tested.pdf

APPENDIX 5- Curl BC Illness Policy

Purpose

1. Curl BC is committed to ensuring the health and safety of Individuals in its activities. Curl BC recognizes the impact of the spread of Covid-19 and other transmissible diseases, and believes that prevention is the best practice to protecting Individuals in the sport of curling.
2. This policy includes the expectation of Individuals who engage in Curl BC activities and events, and the protocols in place to minimize the risk of transmitting Covid-19 and other transmissible diseases during Curl BC sanctioned events and activities.

Definitions

3. “*Team Member*” includes, but not limited to, athletes, coaches, convenors, officials, volunteers, managers, administrators, committee members, parents, guardians, chaperones, directors, and governors of Curl BC.
4. “*Person in Authority*” includes a Curl BC Employee, designated Supervisor, Curl BC Contractor, or Curl BC Official at Curl BC sanctioned events and activities.

Application

5. The Curl BC Illness Policy will apply to all Team Members employed by, or engaged in Curl BC sanctioned events and activities including, but not limited to: zone, inter-zone, BC Championships, camps, courses, clinics, business of curling seminars, and meetings.

Assessment

6. Team members must complete a daily health assessment before they enter any facility conducting Curl BC business.
7. If you feel any symptoms of COVID-19 or other illness, inform an Individual in a Position of Authority **immediately**
 - a. Key symptoms include: fever, chills, loss of sense of smell or taste, difficulty breathing, and/or worsening cough
 - a. For more information on key symptoms and indicators for Covid-19 visit: [When to Get Tested](#)
 - b. For more information on Covid-19 Symptoms visit: [BCCDC COVID-19 Symptoms](#)
8. If Team Members are unsure please have then use the BC Covid-19 self-assessment tool: <https://bc.thrive.health/covid19/en>
9. Individuals in a Position of Authority may visually monitor Team Members to assess any early warning signs off illness or pending illness
 - a. A Team Member will be **removed** from the field of play and host facility if a Person in Authority notices they are continuously displaying key symptoms of Covid-19 or other transmissible disease
 - (1) Refer to section 7.a above
10. If a Team Member is feeling sick with COVID-19 Symptoms or signs of other potentially transmissible diseases, please enact the following procedures:
 - a. If before a Curl BC sanctioned event or activity:
 - (1) They should remain at home and contact Health Link BC at 8-1-1
 - (2) No Team Member may participate in any Curl BC activity if they are displaying key symptoms of Covid-19 or other transmissible disease before, or during, a Curl BC event.
 - (3) The Team Member will NOT be allowed to enter the host facility.
 - b. If they feel sick and/or are showing symptoms while within the Curl BC office, sport environment or host facility:

- (1) A person in authority may remove them immediately. The Team Member will be sent home and/or to their current accommodations.
 - (2) The Team Member will be asked to self-isolate and monitor their symptoms for a 24-hour period.
 - c. The Team Member will re-assess their symptoms after the 24-hour period.
 - (1) If symptoms have subsided after the 24-hour period they will be allowed to continue to participate in the event or activity.
 - (2) If any symptoms continue they will be removed for another 24-hour period for self-monitoring.
 - (3) If the symptoms worsen over the 24-hour period the Team Member is required to call 8-1-1 and follow the guidance of health officials.
 - d. If the Team Member is a coach and/or a player the entire team will have to monitor for any signs of symptoms.
 - (1) If any additional Team Member displays any symptoms they will be asked to self-isolate and monitor their symptoms for a 24-hour period and follow the steps in [10.c](#)
 - (2) In the event the coach of a youth team must self-isolate for a 24-hour period:
 - (a) The team will be allowed to Substitute their coach as per the curl BC rules.
 - (b) The team will be allowed to activate their team chaperone, if a substitute coach is not available.
 - (c) If the team does not have a substitute coach or chaperone available Curl BC will assign a designated chaperone or volunteer to manage the team.
 - e. In the event more than two (2) players on a team have to self-isolate for a 24-hour period all games during that time will be forfeit.
11. If a Team Member tests positive for Covid-19
 - a. The Team Member will follow the direction of health officials
 - (1) If before a Curl BC event, the individual will notify Curl BC immediately in order to:
 - (2) Secure a replacement for the position of the Team Member
 - b. If during a Curl BC event, the Team Member will NOT be allowed to participate for the remainder of the event.
 - c. Curl BC will follow the direction of the health officials
12. Team Members will Quarantine or Self-Isolate if:
 - a. They have been advised by their local or provincial health authority
 - b. Curl BC will follow the current guidance of the Provincial and Federal Health Authorities