

## APPENDIX #5

### Curl BC Illness Policy

#### 2021-2022 Season

These guidelines are designed to help assist our curling community through the period of COVID-19 and allow for the implementation of best practices in illness management and team protocols. We thank you in advance for your consideration of your own health and wellness and the health and safety of your family and friends in the Curl BC community.

For the purposes of this Curl BC Illness Policy, “Team Member” includes an employee, contractor, volunteer, visitor, coach, umpire, participant or parent/spectator. These measures will be used for all Curl BC business including but not limited to all Curl BC qualifying events, championship events, camps, courses, clinics, business of curling seminars, and meetings.

#### **1. Assessment**

- a. Team members must complete the daily health assessment before they enter any facility where they may be conducting Curl BC business.
- b. If you feel any symptoms of COVID-19 or other illness, please Inform a supervisor (Curl BC Staff, Curl BC Contractor, Official, Coach, or Chaperone) IMMEDIATELY.
  - i. Key symptoms of COVID-10 include:
    - Fever or Chills
    - Cough
    - Loss of Smell or taste
    - Difficulty Breathing
  - ii. See BCCDC (BC Centre for Disease Control) website for a full list of other symptoms of COVID-19:  
<http://www.bccdc.ca/health-info/diseases-conditions/covid-19/about-covid-19/symptoms>
- c. If Team Members are unsure, please ask them to use the BC COVID-19 self-assessment tool: <https://bc.thrive.health/covid19/en>

- d. Supervisors may visually monitor Team Members to assess any early warning signs of illness or pending illness.
    - i. A Team Member will be REMOVED from the field of play and host facility if a supervisor
    - ii. notices they are displaying key symptoms of COVID-19 or other illness that may be transmissible.
      - 1. Refer to section **b.i** above for key symptoms of COVID-19
2. If a Team Member is feeling sick with COVID-19 Symptoms (fever or chills, Cough, loss of smell or taste, difficulty breathing) or they have signs of other potentially transmissible diseases, please enact the following procedures:
- a. If before a Curl BC event:
    - i. They should remain at home and contact Health Link BC at 8-1-1
    - ii. No Team Member may participate in any Curl BC activity if they are displaying key symptoms of COVID-19 or other transmissible diseases before or during a Curl BC event.
    - iii. The Team Member will NOT be allowed to enter the host facility.
  - b. If they feel sick and/or are showing symptoms while within the Curl BC office, sport environment, or host facility:
    - i. A supervisor (Curl BC Staff, Curl BC contractor, official, coach, or chaperone) may remove them immediately. The Team Member will be sent home and/or to their current accommodations.
    - ii. The Team Member will be asked to self-isolate and monitor their symptoms for a 24-hour period.
  - c. The Team Member will re-assess their symptoms after the 24-hour period.
    - i. If symptoms have subsided after the 24-hour period, they will be allowed to continue to participate in the event.
    - ii. If any symptoms continue, they will be removed for another 24-hour period for self-monitoring.

- iii. If the symptoms worsen over the 24-hour period, the Team Member is required to call 8-1-1 and follow the guidance of health officials.
  - d. If the Team Member is a coach and/or a player the entire team will have to monitor for any signs of symptoms.
    - i. If any additional Team Member displays any symptoms, they will be asked to self-isolate and monitor their symptoms for a 24-hour period and follow the steps in 2ci-iii.
    - ii. In the event the coach of a youth team must self-isolate for a 24-hour period:
      - 1. The team will be allowed to use their Substitute coach (if pre-registered with Curl BC).
      - 2. The team will be allowed to activate their team chaperone, if a substitute coach is not available.
      - 3. If the team does not have a substitute coach or chaperone available Curl BC will assign a designated chaperone or volunteer to manage the team.
  - e. In the event more than two (2) players of a team have to self-isolate for a 24-hour period, all games during that time will be forfeit.

3. If a Team Member tests positive for COVID-19

- a. The Team Member will follow the direction of health officials.
    - i. If before a Curl BC event, the individual will notify Curl BC immediately in order to:
      - 1. Secure a replacement for the position of the employee, contactor, volunteer, coach, player, or umpire.
    - ii. If during a Curl BC event, the Team Member will NOT be allowed to participate for the remainder of the event.
  - b. Curl BC will follow the direction of the health officials.
4. Team Members will Quarantine or Self-Isolate if:
- a. If they have been advised by their local or provincial health authority.
  - b. Curl BC will follow the current guidance of the Provincial and Federal Health Authorities

Thank you for your teamwork within our Curl BC community!